

## Get new vision coverage without extra costs.

Now we're offering bigger vision benefits to help ensure optimal eye health for women who are pregnant or breastfeeding.



### The new maternity vision benefits include:

- **Coverage for a second eye exam.**  
With each plan year, you can get your eyes checked a second time without paying an additional premium. Standard copays apply.
- **Coverage for 1 new pair of glasses (frames and lenses).**  
If your prescription changes .5 diopter\* or more in a plan year, you can get new glasses without paying an additional premium. Standard copays apply.

### Choose from a large network.

Your plan lets you see doctors at private practices and retail providers at over 100,000 locations<sup>2</sup> across the country.

### Find a provider and more.

Visit [myuhcvision.com](https://myuhcvision.com) to do things like find an eye doctor, print a vision ID card, get answers to questions and receive door-to-door directions.

Did you know?

**15%**

of pregnant women experience a change in their vision.<sup>1</sup>

To learn more, download the UnitedHealthcare Healthy Pregnancy<sup>®</sup> app.\*\*



**Schedule an eye exam if you're pregnant or breastfeeding and you notice a change in vision.**



<sup>1</sup> American Optometric Association online survey fielded between April 29, 2019 and May 5, 2019 with 1,000 recent and mothers-to-be between the ages of 18 and 52. <https://www.aoa.org/patients-and-public/caring-for-yourvision/pregnancy-and-vision>; [https://www.babycenter.com/0\\_vision-changes-during-pregnancy\\_1456567.bc](https://www.babycenter.com/0_vision-changes-during-pregnancy_1456567.bc)

<sup>2</sup> UnitedHealthcare point of service data report, October 2019.

\* A diopter is the unit used to measure the optical power of the lens an eye requires.

\*\* Only available to those who have medical coverage through UnitedHealthcare.

The UnitedHealthcare Healthy Pregnancy app is only available to eligible members of certain employer-sponsored plans. App registration is required. Any health information collected as part of the UnitedHealthcare Healthy Pregnancy<sup>®</sup> app will be kept confidential in accordance with applicable laws and regulations.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX or VPOL.13.TX and associated COC form number VCOO.INT.06.TX or VCOO.CER.13.TX. Plans sold in Virginia use policy form number VPOL.06.VA or VPOL.13.VA and associated COC form number VCOO.INT.06.VA or VCOO.CER.13.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your company.