

Ask

Dr. Susann Varano



When is it time?

Doctor's perspective on when it is time to get help at your personal home or consider Assisted Living or Nursing Home

Wednesday, May 8th
5:30 PM - 7:00 PM

Light Dinner 5:30 PM | Presentation 6:00 PM

Mather Center, Home of Darien Senior Programs
2 Renshaw Road, Darien, CT 06820

Are you worried about whether or not you will know when it is no longer feasible to live alone? Are certain aspects of daily living becoming more challenging to manage on your own? Join us for an honest discussion about your biggest concerns and gain a doctor's perspective on when it's time to get help.

To RSVP please contact Beth Paris,
Director Darien Senior Programs, at 203-656-7490.

Susann Varano, MD is a Yale University trained physician, who is double-board certified in Geriatrics and Internal Medicine. She is a brilliant, dynamic speaker with a great sense of humor. Her lectures provide both personal and professional insight on aging.



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