

## ABH Meeting Minutes, Sept. 5

Attendees: Kevin Cunningham (Chair), Andy Matthiesen, James Patrick, Jennifer Geddes, David Knauf  
(Health Department)

Apologies: Dr. Jose Cara

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1. **Beaches & Pools** – Overall good water quality this summer at all public beaches. With the exception of one week in June (post heavy rain) the water quality levels did not exceed State standards. This included Holly Pond. A college intern conducted the sampling at least once a week. All public pools were also tested once a week (18 in all) and no issues were noted at any pools as well.
2. **Health Fair at the Library (Sept. 28) & Hands for Life training at the YMCA (Sept. 29<sup>th</sup>) – Darien's Healthy Weekend!** Request from the Darien Library to Town Hall for Healthcare and Flu Vaccination Event on the 28<sup>th</sup>. DOH has partnered with Norwalk Hospital who will be conducting various health assessments/screenings at the event. Flu vaccinations will also be offered. Post 53 will also take part and will be conducting blood pressure screenings. There will be an all-day "Hands for Life" CPR training at the Darien YMCA on the 29<sup>th</sup>.
3. **Publication of Emergency Preparedness Exercise Findings** – It has recently been announced that Department of Health consultant Scot Phelps and David have had their paper regarding the rapid medication dispensing exercise held last year at Middlesex Middle School has been accepted for publication in the American Journal of Disaster Medicine. As the Board remembers, 1,700 "meds" were distributed in under an hour using a simple algorithm.
4. **Unwanted Prescription Drug Disposal Program Update** – The Department of Health has purchased the medication drop box and has placed it in the lobby of the Darien Police Station. The State of Connecticut Consumer Protection Agency has approved the device and its location. No household waste or sharps will be allowed to be placed into the box. The police department monitors the box and transports the contents to Bridgeport to be incinerated periodically. Darien Health Department will work with the

DEA to have one more “collection day” but, going forward, residents will be directed to use the box on a continuous basis.

5. **Policies and Procedures** – Health Department, in conjunction with the digital health department project is developing a policy and procedure manual which clarifies roles, responsibilities and procedures for Health Department activities.
6. **Food Inspection program report** – 14 new food service locations on I-95 alone have been added since last meeting, 4 more in town. This is an extensive process and involves plans, inspections, evaluations and permitting.
7. **Salon Update** – The salon regulations have been updated and the BOS has approved. A “certificate of inspection” has been developed and a draft was shared with the Board. Permits are up for renewal on October 1, and the DOH nurse will be part of the inspections. Facilities will be inspected twice a year. There are approximately 30 facilities in Town that will need to be inspected.
8. **Other business** –
  - a.) Pamphlet on “what we do” has been drafted and the Board reviewed the sample. David will send around when near-final
  - b.) State Department of Health as already informed the Darien DOH that there has been a positive “West Nile pool” in Darien. This is not unexpected, it happens every year, albeit late this year. There have been no confirmed West Nile cases in the State. A press release is being prepared for this week.
  - c.) Recreational shellfish beds in town remain closed for several months. Notification to permit holders has taken place