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**Darien Human Services**

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**MUNICIPAL AGENT FOR THE ELDERLY**

Olive Hauser, Director

**203-656-7328**

Human Services, Town Hall Room 109  
2 Renshaw Rd. Darien 06820

Connecticut Statutes mandate that a Municipal Agent be appointed for each of the 169 towns in Connecticut. Municipal Agents (MAs) provide information regarding the available community resources, and make referrals to the appropriate agencies. The MA serves as a liaison with the Commission on Aging.

[www.darienct.gov](http://www.darienct.gov)

**PROTECTION & ADVOCACY FOR PEOPLE WITH DISABILITIES**

**1- 860-297-4300**

60 B. Weston St., Hartford 06120

**(TTY)**

**1- 800-842-7303**

[www.state.ct.us/opapd](http://www.state.ct.us/opapd)

**CENTER FOR MEDICARE ADVOCACY, INC**

**1- 860-456-7790**

P.O. Box 350, Willimantic 06226

**Conn. Only**

**1- 800-262-4414**

This is a national non-profit, non-partisan organization providing legal assistance to older adults and persons with disabilities to assistance and representation on Medicare issues.

[www.medicareadvocacy.org](http://www.medicareadvocacy.org)

**PROTECTIVE SERVICES FOR THE ELDERLY**

**1- 888-385-4225**

1642 Bedford St., Stamford 06905

Investigates reports of abuse (mental, emotional and financial), neglect, abandonment, and exploitation of persons 60 years or older and takes corrective action when necessary. **After Hours ONLY Elder Abuse Emergencies call:**

In State - **Infoline**

**211**

Out of State – **Infoline**

**1- 800-203-1234**

[www.ct.gov/agingservices](http://www.ct.gov/agingservices)



<b>INFORMATION &amp; ASSISTANCE</b>
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**INFOLINE****211**

24 hours, 7 days, a centralized, free source of information on human services, including crisis and suicide emergencies.

**[www.infoline.org](http://www.infoline.org)**

**DARIEN HUMAN SERVICES****203-656-7328**

Town Hall, Room 109

2 Renshaw Rd., Darien 06820

Offers a variety of services and support to Darien residents. The staff has a wide range of experience and training in the area of Human Services. Appointments outside of normal office hours can be made.

Services include:

- Counseling, support, Initial Assessment & Case Management
- Information and referral
- Municipal Agent for the Elderly
- Veterans Services Contact Person
- Fuel assistance – Energy Assistance Program
- Renters Rebate program for the elderly or disabled who rent
- Limited financial assistance
- CHOICES trained counselor for Medicare information
- Holiday and Back-to-School programs
- Household Supply Closet-available to low income vetted Darien residents.
- Loan Closet – Short-term loan of wheelchairs, canes and walkers
- Reassurance call to elderly or disabled during severe weather or town emergencies
- Resource library, located outside our office, offers a variety of fliers and pamphlets on Human Services resources and Health matters.

**[www.darienct.gov](http://www.darienct.gov)**

**CONNECT WITH DSS****Technical Support Helpline****1- 877-874-1612**

“Am I Eligible” Go online and find out what State Dept. of Social Services benefits you may be eligible to receive, or set up an account to keep track of your benefits.

**[www.connect.ct.gov](http://www.connect.ct.gov)**

**AT HOME IN DARIEN**

**203-655-2227**

**The Mather Center**, 2 Renshaw Rd., Darien 06820

A program to help senior residents of Darien live independently, comfortably and with dignity in their own home for as long as possible. Services include:

- Information and referral
- Handyman
- Vetted services referral i.e. plumbers, electricians, carpenters and more
- Senior transportation by town car or wheelchair accessible van.
- Friendly visitors, shoppers and drivers

**[www.athomeindarien.org](http://www.athomeindarien.org)**

**NATIONAL COUNCIL ON AGING/BenefitsCheckUp**

**1- 571-527-3900**

251 128<sup>th</sup> St. Ste. 500, Arlington, VA 22202

BenefitsCheckUp asks a series of questions to help identify benefits and create a report of programs that you may be eligible for. You can apply for many of the programs online or you can print an application form.

**[www.benefitscheckup.org](http://www.benefitscheckup.org)**

**DOMESTIC VIOLENCE CRISIS CENTER**

**203-853-0418**

Confidential services for victims

**24 Hotline**

**1- 888-774-2900**

**THE CENTER FOR ELDER ABUSE**

**1- 203-396-1097**

175 Jefferson St., Fairfield 06825

The Center provides counseling and emergency shelter.

**[www.jseniors.org/services/advocacy-education](http://www.jseniors.org/services/advocacy-education)**

**CENTER FOR SEXUAL ASSAULT & CRISIS COUNSELING  
AND EDUCATION**

**203-348-9346**

733 Summer St., Ste. 502, Stamford, 06901

**Hotline**

**203-329-2929**

**[www.thecenter-ct.org](http://www.thecenter-ct.org)**

**ELDERCARE LOCATER**

**1- 800-677-1116**

A public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

**[www.eldercare.gov](http://www.eldercare.gov)**

**MEDICARE** 1- 800-633-4227  
[www.medicare.gov](http://www.medicare.gov)

**SOCIAL SECURITY** 1- 800-772-1213  
[www.ssa.gov](http://www.ssa.gov)

**SOUTHWESTERN CONN. AGENCY ON AGING (SWCAA)** 1- 800-994-9422  
1000 Lafayette Blvd., Bridgeport 06604 1- 203-333-9288  
Regional information and assistance on aging issues, services and home care for seniors. **CHOICES**, health insurance counseling on options supplementing Medicare.  
[www.swcaa.org](http://www.swcaa.org)

**CHOICES (Free Health Insurance Counseling)** 203-656-7328  
Darien Human Services Town Hall, Rm. 109  
2 Renshaw Rd. Darien 06820  
Help seniors make informed health insurance decisions regarding Medicare, Part D, Medigap, Medicare Advantage, Medicare Savings Prog. Medicaid  
[www.darienct.gov](http://www.darienct.gov)

**INCOME TAX PREPARATION**  
Darien Library, 1441 Post Rd. Darien 06820, 203-656-1234  
New Canaan Library, 151 Main St., New Canaan 06840 203-594-5003  
February-April – Call for appointment  
IRS-certified volunteers available to provide free basic income tax return preparation with electronic filing.  
[www.darienlibrary.org](http://www.darienlibrary.org) [www.newcanaanlibrary.org](http://www.newcanaanlibrary.org)

**PHOTO IDENTIFICATION CARD** 1-800-842-8222  
I.D. cards for adults without drivers' licenses. CT Department of Motor Vehicles  
[www.dmv.org/ct-connecticut](http://www.dmv.org/ct-connecticut)

**SILVER SOURCE (formerly Senior Services of Stamford)** 203-324-6584  
2009 Summer St. Suite 301, Stamford 06905  
Provide direct services and financial assistance. Help seniors navigate through an immediate crisis, manage short-term issue and assist with planning for longer-term life transitions.  
[www.silversource.org](http://www.silversource.org)

**FUEL & UTILITY ASST. (EAP, Operation Fuel, Darien Fuel Bank) 203-656-7328**

Darien Human Services, Town Hall, Room 109  
2 Renshaw Rd. Darien 06820

Assistance varies for homeowners and renters, depending on income, assets and family size. Payments are made directly to vendors.

Call for information on eligibility.

**[www.darienct.gov](http://www.darienct.gov)**

**TAX RELIEF FOR THE ELDERLY OR DISABLED 203-656-7310**

Tax Assessor, Town Hall, Darien, Room 102  
2 Renshaw Rd. Darien 06820

A State program, property taxes are reduced for eligible Darien homeowners. Tax Deferral Program for the Elderly or Disabled.

**[www.darienct.gov](http://www.darienct.gov)**

**PERSON-TO-PERSON 203-655-0048**

1864 Post Road, Darien 06820

Provides limited financial assistance for rent, utilities, some medical expenses, and security deposit. With a referral from Darien Human Services, P-to-P has a food pantry and clothing center.

**[www.p2phelps.org](http://www.p2phelps.org)**

**SOCIAL SECURITY 1- 800-772-1213**

2 Landmark Square, Stamford 06901

**1- 866-770-1881**

Information on Social Security, Medicare and Supplemental Security Income, Disability Assistance. Call for an appointment.

**[www.socialsecurity.gov](http://www.socialsecurity.gov)**

**STATE SUPPLEMENT FOR THE AGED 203-251-9300**

State Dept. of Social Services  
1642 Bedford St., Stamford 06905

Financial assistance for eligible low income elderly residents.

**[www.ct.gov/agingservices](http://www.ct.gov/agingservices)**

<b>FINANCIAL SERVICES/BENEFIT PROGRAMS</b>
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**CONN. HOME CARE FOR ELDERLY (CHCPE)****1- 860-424-4904****1- 800-994-9422**

CHCPE is a client-centered home care program as an alternative to nursing home care. SWCAA administers CHCPE through the Care Management Department. Services are funded through the State Department of Social Services (DSS) and Medicaid. Final eligibility is determined by DSS based on income and assets.

[www.swcaa.org](http://www.swcaa.org)

**HUSKY C****203-251-9300**

1642 Bedford St., Stamford 06905

For CT residents adults who are blind, or who have another disability, may qualify for coverage under HUSKY C. (Formerly known as Medicaid for the Aged/Blind/Disabled, or Title 19.)

[www.huskyhealth.com](http://www.huskyhealth.com)

**MONEY MANAGEMENT INTERNATIONAL****1- 866-226-0278**

Non-profit community service offers financial counseling and debt management.

[www.creditcounseling.org](http://www.creditcounseling.org)

**SNAP (Supplemental Nutrition Assistance Prog.)****203-251-9300**

State Dept. of Social Services, 1642 Bedford St., Stamford 06905

A nutrition program to assist elderly, disabled and low-income residents purchase food. Income limits apply, no asset limits for seniors.

[www.ct.gov/dss/cwp/view](http://www.ct.gov/dss/cwp/view)



**CONN. DEPT. OF VETERANS AFFAIRS** **1- 860-616-3600**

287 West St., Rocky Hill 06067

Help with benefits and other concerns of veterans.

[www.ct.gov/ctva](http://www.ct.gov/ctva)**CONN. DEPT. OF VETERANS AFFAIRS—MEDICAL CENTER** **1- 203-932-5711**

950 Campbell Ave., West Haven 06516

Inpatient &amp; Outpatient Care. May help with prescription drugs.

[www.connecticut.va.gov](http://www.connecticut.va.gov)**DARIEN VETERANS' SERVICE CONTACT PERSON** **203-656-7328**

Olive Hauser, Director, Darien Human Services

Town Hall, 2 Renshaw Rd., Darien 06820

Serves as a liaison with federal, state and local agencies that serve veterans.

Provides information, referral and support in helping veterans or their dependents secure the services and benefits they may be entitled to.

[www.darienct.gov](http://www.darienct.gov)**SOLDIERS, SAILORS, MARINES FUND – Main Office** **1- 800-491-4941**

864 Wethersfield Ave., Hartford 06114

**1- 860-296-0719**

Temporary assistance to veterans and their families.

[www.ct.gov/ssmf](http://www.ct.gov/ssmf)**UNITED STATES DEPT. OF VETERANS AFFAIRS/BENEFITS** **1- 800-827-1000**[www.benefits.va.gov/benefits](http://www.benefits.va.gov/benefits)**VETERANS OF FOREIGN WARS (VFW) POST 6933** **203-655-8552**

205 Noroton Ave., Darien 06820

[www.darienvfw.org](http://www.darienvfw.org)**VETERANS CRISIS LINE** **1- 800-273-8255**[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

**GERIATRIC ASSESSMENT**

*A geriatric assessment is a comprehensive evaluation of older adults' physical, mental and emotional state, designed to improve quality of life and reduce the need for premature institutionalization.*

**BROWNE GERIATRIC EVALUATION CLINIC****203-594-5311**

Waveny Care Center, 3 Farm Rd., New Canaan 06840

[www.waveny.org](http://www.waveny.org)**BURKE REHABILITATION MEMORY EVALUATION CENTER****1- 914-597-2307**

785 Mamaroneck Ave., White Plains, NY 10605

[www.burke.org](http://www.burke.org)**CENTER FOR HEALTHY AGING****GREENWICH HOSPITAL****1- 203-863-4373**

5 Perryridge Rd., Greenwich 06830

[www.greenhosp.org](http://www.greenhosp.org)**YALE GERIATRIC ASSESSMENT CENTER****1- 203-688-6361**

874 Howard Ave., New Haven 06519

[www.ynhh.org/services/agi](http://www.ynhh.org/services/agi)

<b>COUNSELING/MENTAL HEALTH/SUPPORT SERVICES</b>
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**DARIEN HUMAN SERVICES** **203- 656-7328**

2 Renshaw Rd., Darien 06820

Initial assessment and referral for services.

[www.darienct.gov](http://www.darienct.gov)

**DUBOIS CENTER** **203- 358-1600**

780 Summer St., Stamford 06905

**Crisis line**

**203- 358-8500**

Wide range of mental health services, including crisis, individual and group counseling. The Department's prevention services serve all Connecticut citizens, but its mandate is to serve adults (over 18 years of age) with psychiatric or substance use disorders, or both, who lack the financial means to obtain such services on their own.

[www.ct.gov/dmhas](http://www.ct.gov/dmhas)

**NORWALK HOSPITAL PSYCHIATRIC CLINIC** **203-852-2988**

34 Maple St., Norwalk 06856

Consultation, evaluation & treatment.

[www.norwalkhospital.org](http://www.norwalkhospital.org)

**LIBERATION PROGRAMS (LMG)** **203-851-2007**

Liberation Programs, Inc. is a non-profit community based organization. Counselors are available to help older adults constructively address the problematic use of substances including alcohol, drugs and prescription medications.

[www.liberationprograms.org](http://www.liberationprograms.org)

**ALCOHOLICS ANONYMOUS** **1- 866-783-7712**

12-step program. Call for local meetings.

[www.ct-aa.org](http://www.ct-aa.org)

**GAMBLING – Problem Gambling Treatment & Support**

**Liberation Programs**

**203-851-2077**

129 Glover Ave., Norwalk 06850

[www.liberationprograms.org](http://www.liberationprograms.org)

**Positive Directions**

**1- 203-227-7644**

420 Post Rd. West, Westport 06880

[www.positivedirections.org](http://www.positivedirections.org)

**CATHOLIC FAMILY SERVICES****203-750-9711**

1 Park St. #3, Norwalk 06851

Caregivers support group and professional counseling services.

[www.ccfairfield.org](http://www.ccfairfield.org)**CENTER FOR HOPE - A Program of Family Centers, Inc.****203-655-4693**

590 Post Rd., Darien 06820

Counseling and support groups with special expertise in the impact of illness and loss.

[www.centerforhope.org](http://www.centerforhope.org)**FAMILY CENTERS, INC.****203-655-0547**

590 Post Rd., Darien 06820

Individual and family therapy as well as an array of support groups.

[www.familycenters.org](http://www.familycenters.org)**FAMILY AND CHILDREN'S AGENCY****203-855-8765**

9 Mott Ave., Norwalk 06850

Individual, family and group counseling.

[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)**JEWISH FAMILY SERVICES****203-921-4161**

733 Summer St., Stamford 06901

Individual, family, couple and group counseling.

[www.ctjfs.org](http://www.ctjfs.org)**STAMFORD COUNSELING CENTER****203-323-8560**

1 Walton Place, Stamford 06901

Individual, family, couple and group counseling.

[www.sccweb.org](http://www.sccweb.org)

**ARTHRITIS FOUNDATION**

35 Cold Spring Rd., Suite 411 Rocky Hill 06067—CT Chapter  
[www.arthritis.org](http://www.arthritis.org)

**1- 860-563-1177****1- 800-541-8350****ALZHEIMER'S ASSOC, Southwest Regional Office Norwalk**

Support groups for patients as well as caregivers.

[www.alz.org](http://www.alz.org)

**Helpline:****203-939-1360****1- 800-272-3900****BENNETT CANCER CENTER**

Stamford Hospital  
34 Shelburne Rd., Stamford 06902  
[www.stamfordhospital.org/bennett](http://www.stamfordhospital.org/bennett)

**203-276-7199****CANCER CARE**

111 East Ave., Ste. 207 Norwalk 06851  
[www.cancercare.org](http://www.cancercare.org)

**203-854-9911****DARIEN SENIOR PROGRAMS****The Mather Center**

2 Renshaw Road, Darien 06820

Caregiver Support Group meet once a month. This group benefits someone who cares for a person with multiple needs, especially related to cognitive impairments such as Alzheimer's and other types of dementia.

[www.darienct.gov](http://www.darienct.gov)

**203-656-7490****WAVENY CARE CENTER**

3 Farm Rd., New Canaan 06840

Caregiver Support Group

Bi-weekly meetings for caregivers coping with impact of Alzheimer's disease.

[www.waveny.org](http://www.waveny.org)

**203-594-5200****WHITTINGHAM CANCER CENTER**

34 Maple Ave., Norwalk Hospital 06850

[www.norwalkhosp.org/medical-services/cancer](http://www.norwalkhosp.org/medical-services/cancer)

**203-852-2148**

**DARIEN HUMAN SERVICES** **203-656-7328**

**REASSURANCE CALL** for elderly or disabled who would like a call during severe weather or other serious town wide emergencies.

**[www.darienct.gov](http://www.darienct.gov)**

**PERSONAL ALERT SERVICE** **203-853-3116**

140 Water St., Norwalk 06854

**[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)**

**ALWAYS IN TOUCH** **203-877-1377**

Sponsored by Always Best Care

Daily reassurance program providing a friendly call each weekday for seniors or adults who are disabled.

**[www.abcfairfieldcounty.com](http://www.abcfairfieldcounty.com)**

**FRIENDLY CONNECTIONS** **1- 203-629-2822**

Family Centers Inc.

20 Bridge St., Greenwich 06830

Telephone Support Group offers support, socialization, and recreation, current events, discussion and lectures.

**[www.familycenters.org](http://www.familycenters.org)**

**FRIENDLY VISITOR** **203-655-2227****At Home in Darien**

2 Renshaw Rd., Darien 06820

Friendly Visitors provides a volunteer visitor to older Darien residents who are in need of companionship.

**[director@athomeindarien.org](mailto:director@athomeindarien.org)**

**MEDIC ALERT** **1- 800-432-5378**

I.D. bracelet printed with vital statistics and drug allergies

**[www.medicalert.org](http://www.medicalert.org)**

**SUPPORT GROUPS AT NORWALK HOSPITAL** **203-852-2250**

34 Maple Ave., Norwalk 06850

Support groups for a wide variety of issues. Call for listing

**[www.norwalkhospital.org](http://www.norwalkhospital.org)**

**ADULT DAYCARE & RESPITE PROGRAMS****ELDERHOUSE, INC.****203-847-1998**

7 Lewis St., Norwalk 06851

Elderhouse Adult Day Center is committed to providing aging seniors with a safe, nurturing environment where they can share time with others while receiving the care they need. There is a sliding scale fee. Transportation is available.

[www.elderhouse.net](http://www.elderhouse.net)

**CONN. ALZHEIMER'S RESPITE CARE****1- 203-333-9288****(Conn. Agency on Aging)**

Offers caregivers some "time off" from the responsibility of caring for family members. Limited funds are available for adult daycare, in-home care and short-term out-of-home respite.

[www.swcaa.org](http://www.swcaa.org)

**WAVENY CARE CENTER****203-594-5200****3 Farm Rd., New Canaan 06840**

Daycare open six days a week with flexible hours. Free Trial Day.

THE VILLAGE AT WAVENY—Respite care of 4 days to 1 month for seniors with memory loss or chronic health condition.

[www.waveny.org](http://www.waveny.org)



<b>NURSING/HOMEMAKER/HOMECARE SERVICES</b>
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*Call Agencies for Details of Services and Cost*

<b>ALWAYS BEST CARE</b> 15 East Putnam Ave. #238, Greenwich 06830 <a href="http://www.abcfairfield.com">www.abcfairfield.com</a>	<b>1- 203-877-1377</b>
<b>BAYADA NURSES</b> 200 Conn. Ave., Suite 5F, Norwalk 06854 <a href="http://www.bayada.com">www.bayada.com</a>	<b>1- 888-422-9232 203-854-5100</b>
<b>BRIGHT STAR LIFE CARE</b> 45 Church St., Stamford 06906 <a href="http://www.brightstarcare.com">www.brightstarcare.com</a>	<b>203-883-8560</b>
<b>COMFORT KEEPERS</b> 17 Heronvue Rd., Greenwich 06831 <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>	<b>1- 203-629-5029</b>
<b>COMPANIONS &amp; HOMEMAKERS</b> 1618 Post Rd., Fairfield 06824 <a href="http://www.companionsandhomemakers.com">www.companionsandhomemakers.com</a>	<b>1- 203-259-8375 1- 800-348-4663</b>
<b>CONSTELLATION HEALTH SERVICES &amp; NURSING</b> 14 Westport Ave., Norwalk 06851 <a href="http://www.constellationhs.com">www.constellationhs.com</a>	<b>203-845-8000 1- 800-860-6656</b>
<b>FAMILY &amp; CHILDREN'S AGENCY</b> 9 Mott Ave., Norwalk 06850 HomeCare Plus at FCA <a href="http://www.familyandchildrensagency.org">www.familyandchildrensagency.org</a>	<b>203-855-8765 203-831-2900</b>
<b>GERI-CARE CONNECTION LLC</b> 158 Jellif Mill Rd., New Canaan 06840 <a href="http://www.gericareconnections.com">www.gericareconnections.com</a>	<b>203-972-7536</b>
<b>GRISWOLD HOME CARE</b> 193 East Ave., Norwalk 06855 <a href="http://www.griswoldhomecare.com">www.griswoldhomecare.com</a>	<b>203-304-6031</b>

*Call Agencies for Details of Services and Cost*

<b>HOME INSTEAD</b> 158 East Ave., Norwalk, 06851 <a href="http://www.homeinstead.com">www.homeinstead.com</a>	<b>203-853-0370</b>
<b>JEWISH FAMILY SERVICES</b> 733 Summer St., Stamford 06901 <a href="http://www.ctjfs.org">www.ctjfs.org</a>	<b>203-921-4161</b>
<b>JEWISH SENIOR SERVICES</b> 175 Jefferson St., Fairfield 06825 <a href="http://www.jseniors.org">www.jseniors.org</a>	<b>1- 203-365-6400</b>
<b>MASONICARE at ASHLAR VILLAGE</b> 74 Cheshire Rd., Wallingford 06492 <a href="http://www.ashlarvillage.masonicare.org">www.ashlarvillage.masonicare.org</a>	<b>1- 203-679-6400</b>
<b>RIGHT AT HOME</b> 7 Tokeneke Rd., Darien 06820 <a href="http://www.rightathome.net">www.rightathome.net</a>	<b>203-202-9488</b>
<b>SENIOR HELPERS</b> 1266 East Main St., Stamford 06902 <a href="http://www.seniorhelpers.com">www.seniorhelpers.com</a>	<b>203-489-2773</b>
<b>STERLING CARE</b> 235 Glenville Rd., Greenwich 06831 <a href="http://www.sterlingcare.com">www.sterlingcare.com</a>	<b>1- 203-532-0500</b>
<b>VISITING NURSE &amp; HOSPICE</b> 761 Main St. Ste. 114, Norwalk, 06851 <a href="http://www.visitingnurse.net">www.visitingnurse.net</a>	<b>1- 800-898-4663</b> <b>203-762-8958</b>
<b>WAVENY HOMEHEALTH CARE</b> 3 Farm Rd., New Canaan 06840 <a href="http://www.waveny.org">www.waveny.org</a>	<b>203-594-5200</b>

<b>CONVALESCENT HOMES/NURSING HOMES/ SHORT-TERM REHABILITATION/RESPIRE</b>
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**AUTUMN LAKE HEALTHCARE** 203-842-5700  
34 Midrocks Drive, Norwalk 06851  
[www.autumnlakehc.com](http://www.autumnlakehc.com)

**CAROLTON CHRONIC & CONVALESCANT HOSPITAL** 1- 203-255-3573  
400 Mill Plain Rd., Fairfield 06824  
[www.thecarolton.com](http://www.thecarolton.com)

**EDGEHILL HEALTH CENTER** 203-323-2323  
122 Palmers Hill Rd, Stamford 06902  
[www.edgehillcommunity.com](http://www.edgehillcommunity.com)

**GREENWICH WOODS HEALTH CARE CENTER** 1- 203-531-1335  
1165 King St., Greenwich 06831  
[www.greenwichwoods.com](http://www.greenwichwoods.com)

**JEWISH HOME FOR THE ELDERLY** 1- 203-365-6400  
175 Jefferson St., Fairfield 06824  
[www.jseniors.org](http://www.jseniors.org)

**KING STREET HOME** 1- 914-937-5800  
787 King St., Rye Brook, NY 10573  
[www.kingstreetnursinghome.com](http://www.kingstreetnursinghome.com)

**LAUREL RIDGE HEALTH CARE** 1- 203-438-8226  
642 Danbury Rd. Ridgefield 06877  
[www.athenanh.com](http://www.athenanh.com)



**CONVALESCENT/NURSING HOME/  
SHORT-TERM REHABILITATION/RESPIRE**

- NATHANIEL WITHERELL** 1- 203-618-4200  
70 Parsonage Rd., Greenwich 06830  
[www.thenathanielwitherell.org](http://www.thenathanielwitherell.org)
- REGENCY HEIGHTS OF STAMFORD** 203-351-8300  
53 Courtland Ave., Stamford 06902  
[www.cienahealth.com/connecticut](http://www.cienahealth.com/connecticut)
- THE VILLA AT STAMFORD** 203-322-3428  
(Formerly Smith House)  
88 Rockrimmon Rd., Stamford 06903  
website under construction
- ST. CAMILLUS REHABILITATION & NURSING CENTER** 203-325-0200  
494 Elm St., Stamford 06902  
[www.genesishcc.com](http://www.genesishcc.com)
- THE OSBORN** 1- 914-925-8000  
101 Theall Rd., Rye, NY 10580  
[www.theosborn.org](http://www.theosborn.org)
- WAVENY CARE CENTER** 203-594-5200  
3 Farm Rd., New Canaan 06840  
[www.waveny.org](http://www.waveny.org)
- WILTON MEADOWS HEALTH CARE CENTER** 1- 203-834-0199  
439 Danbury Rd., Wilton 06897  
[www.wiltonmeadowshealthcare.com](http://www.wiltonmeadowshealthcare.com)



**\*ATRIA DARIEN** **203-989-2414**  
50 Ledge Rd., Darien 06820  
[www.atriadarien.com](http://www.atriadarien.com)

**\*ATRIA STAMFORD** **203-989-4916**  
77 Third St., Stamford 06905  
[www.atriastamford.com](http://www.atriastamford.com)

**ATRIA STRATFORD** **1- 203-916-5124**  
6911 Main St., Stratford 06614  
[www.atriastratford.com](http://www.atriastratford.com)

**\*BROOKDALE PLACE OF WILTON** **1- 203-423-0193**  
96 Danbury Rd., Wilton 06897  
[www.brookdale.com](http://www.brookdale.com)

**\*BRIGHTON GARDENS** **203-322-2100**  
59 Roxbury Rd., Stamford 06902  
[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

**THE GREENS AT CANNONDALE** **1- 203-761-1191**  
435 Danbury Rd., Wilton 06897  
[www.thegreensatcannondale.com](http://www.thegreensatcannondale.com)

**THE GREENS AT GREENWICH** **1- 203-531-5500**  
1155 King St., Greenwich 06831  
[www.thegreensatgreenwich.com](http://www.thegreensatgreenwich.com)

**\*Offer short-term respite based on availability**



**MAPLEWOOD SENIOR LIVING (Darien)** **203-293-6872**  
599 Post Rd., Darien 06820  
[www.maplewoodatdarien.com](http://www.maplewoodatdarien.com)

**MAPLEWOOD SENIOR LIVING (Norwalk)** **203-293-6554**  
73 Strawberry Hill, East Norwalk 06855  
[www.maplewoodatstrawberryhill.com](http://www.maplewoodatstrawberryhill.com)

**MAPLEWOOD HEALTHCARE (Westport)** **1- 203-557-4777**  
One Gorham Island Rd., Westport 06880  
[www.maplewoodatwestport.com](http://www.maplewoodatwestport.com)

**\*THE INN (affiliate of Waveny Care)** **203-594-5450**  
73 Oenoke Ridge Rd., New Canaan 06840  
[www.waveny.org](http://www.waveny.org)

**THE VILLAGE AT WAVENY CARE CENTER** **203-594-5200**  
3 Farm Rd., New Canaan 06840  
[www.waveny.org](http://www.waveny.org)

**SUNRISE ASSISTED LIVING** **203-968-8393**  
251 Turn of River Rd., Stamford 06905  
[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

**\*Offer short-term respite based on availability**



## HOSPICE CARE

20

### **CARING HOSPICE SERVICES**

45 Church St., Stamford 06906

[www.caringhospice.com](http://www.caringhospice.com)

**203-674-8380**

### **MASONICARE HOME HEALTH & HOSPICE**

535 Connecticut Ave., Norwalk 06854

[www.masonicare.org](http://www.masonicare.org)

**203-831-8882**

### **VISITING NURSE & HOSPICE**

761 Main St. Suite. 114, Norwalk, 06851

[www.visitingnurse.net](http://www.visitingnurse.net)

**1- 800-898-4663**

**203-762-8958**

### **VITAS-HOSPICE CARE**

99 Hawley Lane Suite 1204, Stratford 06614

[www.vitas.com](http://www.vitas.com)

**1- 800-938-4827**

**1- 203-455-3300**

## HEMOCARE MEDICAL SUPPLIES

### **CONNECTICUT SURGICAL, INC.**

14 Main St., Norwalk 06851

[www.connecticutsurgical.net](http://www.connecticutsurgical.net)

**203-838-2354**

### **LOAN CLOSET**

Darien Human Services

2 Renshaw Rd., Darien 06820

Offer canes, wheelchairs and walkers on a monthly basis.

[www.darienct.gov](http://www.darienct.gov)

**203-656-7328**

### **R. A. CALDWELL CO.**

474 W. Main St., Stamford 06902

[www.caldwellhomecare.com](http://www.caldwellhomecare.com)

**203-348-0174**

<b>CONTINUING CARE COMMUNITIES</b>
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**\*EDGEHILL SENIOR LIVING IN STAMFORD****203-323-2323**

122 Palmer Hill Rd., Stamford 06902

[www.edgehillcommunity.com](http://www.edgehillcommunity.com)**MASONICARE AT ASHLAR VILLAGE****1- 203-679-6400**

74 Cheshire Rd., Wallingford 06492

**1- 800-382-2244**[www.ashlarvillage.masonicare.org](http://www.ashlarvillage.masonicare.org)**\*MEADOW RIDGE****1- 203-544-1000**

100 Redding Rd., West Redding 06896

[www.meadowridge.com](http://www.meadowridge.com)**SPRING MEADOWS****1- 877-648-1989**

6949 Main St., Trumbull 06611

[www.springmeadowstrumbull.com](http://www.springmeadowstrumbull.com)**\*ST. JOSEPH'S MANOR****1- 203-268-6204**

6448 Main St., Trumbull 06611

[www.stjosephmanor.com](http://www.stjosephmanor.com)**\*THE WATERMARK AT THIRTY-THIRTY PARK****1- 203-502-7593**

3030 Park Ave., Bridgeport 06604

[www.3030park.watermarkcommunities.com](http://www.3030park.watermarkcommunities.com)**\*Also Offer Short-Term respite/rehabilitation**

**INDEPENDENT LIVING/  
SUBSIDIZED PUBLIC HOUSING**

**THE HEIGHTS AT DARIEN & SENIOR HOUSING** **203-655-0866**

24 Allen-O'Neill Dr., Darien 06820

[www.theheightsdarien.com](http://www.theheightsdarien.com)

**GREENWICH HOUSING AUTHORITY** **1- 203-869-1138**

249 Milbank Ave., Greenwich 06830

[www.greenwichhousing.org](http://www.greenwichhousing.org)

**NEW CANAAN SCHOOL HOUSE APTS.** **203-248-6809**

156 South Ave., New Canaan 06840

[www.affordablehousingonline.com](http://www.affordablehousingonline.com)

**NORWALK HOUSING AUTHORITY** **203-838-8471**

24 Monroe St., Norwalk 06854

[www.norwalkha.org](http://www.norwalkha.org)

**WESTPORT HOUSING AUTHORITY** **1- 203-227-4672**

5 Canal St., Westport 06880

[www.westportha.org](http://www.westportha.org)

**WILTON COMMONS** **1- 203-487-3633**

Mutual Housing Assoc. of SW Conn., Inc.

21 Station Rd., Wilton 06897

[www.wiltoncommons.org](http://www.wiltoncommons.org)

**MARGOT H. WORMSER CONGREGATE HOUSING** **203-968-1092**

28 Vine Rd., Stamford 06905

**ALZHEIMER'S ASSOCIATION—Norwalk Chapter** **203-939-1360**  
607 Main St., Norwalk 06851 - 24 hr. helpline **1- 800-272-3900**  
Information, assistance, literature and referrals. Safe Return Program.  
Support groups, Respite Program.  
[www.alz.org](http://www.alz.org)

**BOARD OF EDUCATION FOR THE BLIND** **1- 800-842-4510**  
184 Windsor Ave., Windsor 06095 **1- 860-602-4000**  
Provides comprehensive home and community services for  
legally blind persons of all ages.  
[www.ct.gov/besb](http://www.ct.gov/besb)

**DEAF AND HEARING IMPAIRED** **1- 860-231-8756**  
67 Prospect Ave., 3rd fl. Hartford 06106 **TTY/Voice 1- 860-231-1690**  
Interpreting, counseling and job services. **1- 800-708-6796**  
[www.dhoh.ct.gov](http://www.dhoh.ct.gov)

**DARIEN LIBRARY, DIAL-A-BOOK** **203-655-1234**  
1441 Post Rd., Darien 06820  
For people of all ages who are temporarily or permanently homebound. Books,  
audio books, DVDs, other items (including the large print editions of *Reader's  
Digest* and the *New York Times*) can be delivered to your home and returned to  
the Library by volunteers. Low vision reading equipment is also available at the  
Library.  
[www.darienlibrary.org](http://www.darienlibrary.org)



**PROBATE COURT**

**203-656-7342**

2 Renshaw Rd., Darien 06820

Town Hall, Rm. 204

Probate wills, administer estates, trusts, appoints conservators and guardians.

**[www.darienct.gov](http://www.darienct.gov)**

**CONNECTICUT LEGAL SERVICES**

**1- 800-453-3320**

20 Summer St., Stamford 06901

**203-348-9216**

Connecticut Legal Services is a private, non-profit, civil law firm dedicated to helping low-income families and individuals obtain justice.

**[www.connlegalservices.org](http://www.connlegalservices.org)**

**BETTER BUSINESS BUREAU**

**1- 860-740-4500**

29 Berlin Rd., Cromwell 06416

**[www.connecticut.bbb.org](http://www.connecticut.bbb.org)**

**ATTORNEY GENERAL'S OFFICE, CONN**

**1- 860-808-5318**

55 Elm St., Hartford 06106

The Attorney General is the state's chief legal officer and serves as legal counsel to all state agencies. The Attorney General has authority over all civil matters.

**[www.ct.gov/ag](http://www.ct.gov/ag)**



**CONSUMER LAW PROJECT FOR ELDER****1- 800-296-1467**

The Consumer Law Project for Elders (CLPE) provides FREE legal assistance to Connecticut seniors 60 and over who have consumer questions or problems, including debt collection, home improvement, predatory lending, auto fraud and identity theft.

[www.ctlawhelp.org](http://www.ctlawhelp.org)

**CENTER FOR MEDICARE ADVOCACY, INC****1- 860-456-7790**

11 Ledgebrook Dr. Mansfield Ctr. 06250

Legal advice and representation on Medicare issues.

[www.medicareadvocacy.org](http://www.medicareadvocacy.org)

**SW REGION LONG TERM CARE OMBUDSMAN****1- 203-597-6903**

1057 Broad St., Bridgeport 06604

The Ombudsman Program protects and promotes the rights and quality of life for residents of skilled nursing facilities, residential care homes and managed residential care communities (also known as assisted living facilities).

[www.ct.gov/LTCOP](http://www.ct.gov/LTCOP)



**AT HOME IN DARIEN**

**203-655-2227**

2 Renshaw Rd., Darien 06820

Door-to-door transportation service for Darien's older citizen and physically disabled residents. Wheelchair accessible.

There is a suggested donation of \$5. Operates Mon.-Fri. 9 a.m.—5 p.m.

[www.athomeindarien.org](http://www.athomeindarien.org)

**EASY ACCESS - NORWALK TRANSIT**

**203-299-5180**

**"Dispatch a Ride"**

275 Wilson Ave., Norwalk 06854

Door-to-Door Transportation Service for elderly and people with disabilities.

Call for more information

[www.norwalktransit.com](http://www.norwalktransit.com)

**FAMILY & CHILDREN'S AGENCY**

**203-855-8765**

9 Mott Ave., Norwalk 06850

Transportation to out-of-town medical appointments. Driver will assist

Passenger in and out of the car. Advance notice required (1 week).

[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

**HANDICAPPED PARKING PERMITS**

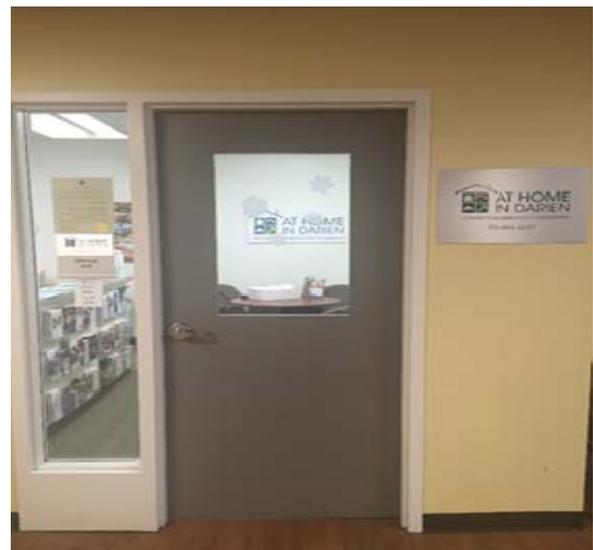
**1- 860-263-5154**

Applications are available at Daren Human Services

**203-656-7328**

2 Renshaw Rd., Darien 06820

[www.darienct.gov](http://www.darienct.gov)



**ACCESS AMBULETTE**

**203-968-1118**

684 Long Ridge Rd., Stamford 06902  
Non-emergency transportation.  
[www.ct.ambulance.com](http://www.ct.ambulance.com)

**AMERICAN CANCER SOCIETY**

**1- 203-563-0740**

***Road to Recovery***

**1- 800-227-2345**

38 Richards Ave., Norwalk 06854

Volunteer will drive patients to and from medical appointments. Advance notice required (48 hrs.) Must be able to get in and out of car independently.

[www.cancer.org/transportation](http://www.cancer.org/transportation)

**LOGISTICARE (Medicaid Transport)**

**1- 888-248-9895**

Transportation provided for Medicaid eligible seniors.

[www.logisticare.com](http://www.logisticare.com)

**DARIEN TAXI SERVICE**

**203-655-2266**

**LLOYDS TAXI SERVI**

**203-655-0190**



<b>HEALTH/MEDICAL/DENTAL SERVICES</b>
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**DARIEN HEALTH****DEPT.****203-656-7320**

2 Renshaw Rd., Darien 06820

Flu vaccine clinics, tick testing, environmental health. Public Health Nurse available once a week.

**[www.darienct.gov](http://www.darienct.gov)****COMMUNITY HEALTH CENTER****203-969-0802**

141 Franklin St., Stamford 06901

The Health Center offers comprehensive primary medical, dental and behavioral health services for all ages. Accepts most dental insurances, including Medicaid.

If there is no dental insurance, a sliding fee would be used.

**[www.chc1.com/locations/stamford](http://www.chc1.com/locations/stamford)****IMMEDIATE CARE CENTER****203-276-2222**

32 Strawberry Hill Court Tully Center, Stamford 06902

A walk-in clinic

**[www.stamfordhospital.org/tullycenter](http://www.stamfordhospital.org/tullycenter)****LIONS LOW VISION CENTER****1- 203-863-3984**

500 W. Putman Ave., Greenwich 06830

The Center is for individuals who are in need of low vision devices or counseling on activities of daily living.

**[www.lionslowvision.org](http://www.lionslowvision.org)****NORWALK SMILES (Day Street Community Center)****203-854-9292**

49 Day St., Norwalk 06854

Dental Center

**[www.chc1.com/Locations/Norwalk.html](http://www.chc1.com/Locations/Norwalk.html)**

**BOB MACAULEY AMERICARE FREE CLINIC of NORWALK** 203-899-2493  
98 South Main St., South Norwalk 06854  
[www.freeclinics@americares.org/norwalk](http://www.freeclinics@americares.org/norwalk)

**NORWALK COMMUNITY HEALTH CENTER** 203-899-1770  
120 Connecticut Ave., Norwalk 06854  
Affiliated with Norwalk Hospital. Accepts Medicare, Medicaid  
and other insurance carriers.  
[www.norwalkchc.org](http://www.norwalkchc.org)

**NORWALK HOSPITAL DENTAL CLINIC** 203-852-2146  
34 Maple St., Norwalk 06856 1- 866-642-9355  
[www.norwalkhospital.org/medical-services/dentistry](http://www.norwalkhospital.org/medical-services/dentistry)

**STAMFORD COMMUNITY HEALTH CENTER/  
OPTIMUS HEALTH CARE** 203- 327-5111  
805 Atlantic St., Stamford 06902  
[www.optimushealthcare.org](http://www.optimushealthcare.org)

**STAMFORD HEALTH URGENT CARE** 203-276-8540  
2001 West Main St., Ste. 100  
Accepts Medicaid, Medicare and most other health insurances.  
[www.stamfordhealthurgentcare.org](http://www.stamfordhealthurgentcare.org)

**WALK IN EMERGENCY CLINIC (Urgent Care Center)** 203-298-9752  
677 Connecticut Ave., Norwalk 06854  
Accepts Medicaid, Medicare and most other health Insurance.  
[www.203urgentcare.com](http://www.203urgentcare.com)



<b>MEAL/GROCERIES</b>
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**DARIEN SENIOR PROGRAMS****203-656-7490****The Mather Center**

2 Renshaw Rd., Darien 06820

A nutritious lunch served five days a week, Monday through Friday. The cost is \$4.00. Sign or call-in reservations must be made by 11:15 for the noon meal.

[www.darienct.gov/seniors](http://www.darienct.gov/seniors)**FRIENDLY SHOPPER****203-655-2227****Program of "At Home in Darien"**

2 Renshaw Rd., Darien 06820

A Friendly Shopper volunteer will do your grocery shopping.

[www.athomeindarien.org](http://www.athomeindarien.org)**PEA POD by STOP & SHOP****1- 800-573-2763**

Online grocery shopping and home delivery.

[www.peapod.com](http://www.peapod.com)**PERSON-TO-PERSON FOOD PANTRY****203-655-0048**

St. Luke's Church

1864 Post Rd., Darien 06820

Emergency food for residents in need. Referral must be made by a social worker.

[www.p2phelps.org](http://www.p2phelps.org)**SAINT LUKE'S CHURCH****203-655-1456**

1864 Post Rd., Darien 06820

Thursday Night Community Suppers served weekly 5 to 7 p.m.

[www.saintlukesdarien.org](http://www.saintlukesdarien.org)**SENIOR NUTRITION OF CATHOLIC CHARITIES****203-324-6175**

30 Myano Lane, Ste. 14, Stamford 06902

Home delivered meals to people 60 yrs. and older. Referrals must be made by a hospital, doctor or social service agency. Client must be unable to prepare their own meals. Cost is on a sliding scale.

[www.ccfairfield.org/senior-nutrition-program](http://www.ccfairfield.org/senior-nutrition-program)

<b>RECREATION/FITNESS/EDUCATION</b>
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**AARP Safe Driving Course**

Darien Senior Programs offers Driving Course quarterly.

[www.aarpdriversafety.org](http://www.aarpdriversafety.org)

**1- 800-350-7025****203-656-7490****BEACH PERMITS**

Park and Recreation Dept., 2 Renshaw Rd., Darien 06820

Darien Seniors (65+) one free permit per family.

[www.darienct.gov](http://www.darienct.gov)

**203-656-7325****SHELLFISH PERMIT**

Darien Health Dept. 2 Renshaw Rd., Darien 06820

Free permits for Darien seniors. Darien and Stamford residents \$20

[www.darienhealth.com](http://www.darienhealth.com)

**203-656-7320****DCA WOMEN'S LUNCHEON GROUP**

Darien Community Association

274 Middlesex Rd., Darien 06820

Meets 1st Tuesday of the month at 12:15. Ages 55 and over

[www.dariendca.org](http://www.dariendca.org)

**203-655-9050****DARIEN SENIOR PROGRAMS**

**The Mather Center**

2 Renshaw Rd., Darien 06820

Mon.-Fri. 9 A.M. -3 P.M. closed Holidays. Call for Calendar of events and programs

[www.darienct.gov/seniors](http://www.darienct.gov/seniors)

**203-656-7490****DARIEN SENIOR MEN'S CLUB**

Darien Community Association

274 Middlesex Rd., Darien 06820

Wednesdays at 10 am—12 noon. Open to men in the Darien area aged 55 or over.

[www.dariendca.org](http://www.dariendca.org)

**203-655-9050**

**DARIEN ARTS CENTER**

**203-655-8683**

2 Renshaw Rd., Darien 06820

Adult Classes—Dance, Visual Arts

Registration required. Check catalog for dates and cost.

[www.darienarts.org](http://www.darienarts.org)

**ADULT LEARNING CENTER, STAMFORD**

**203-977-4209**

Check Catalog for Senior Discounts

369 Washington Blvd., Stamford 06902

[www.stamfordadulthood.com](http://www.stamfordadulthood.com)

**CONTINUING EDUCATION, NORWALK PUBLIC SCHOOLS**

**203-854-4000**

Senior Discounts

125 East Ave., Norwalk 06852

[www.norwalkps.org/continuing-and-adult-education](http://www.norwalkps.org/continuing-and-adult-education)

**FISHING AND HUNTING LICENSES**

**203-656-7307**

Darien Town Clerk, 2 Renshaw Rd., Darien 06820

[www.darienct.gov](http://www.darienct.gov)

**LIFETIME LEARNERS**

**203-857-3330**

**Norwalk Community College**

188 Richards Ave., Norwalk 06854

[www.lifetimelearners.org](http://www.lifetimelearners.org)



**CHARTER OAK PASS, STATE PARKS DIVISION**

**1- 860-424-3200**

79 Elm St., Hartford 06106

Free pass to CT State Parks for adults 65 and over.

[www.ct.gov/deep](http://www.ct.gov/deep)

**DARIEN NATURE CENTER AT CHERRY LAWN**

**203-655-7459**

120 Brookside Rd., Darien 06820

[www.dariennaturecenter.org](http://www.dariennaturecenter.org)

**ELDERHOSTEL, Inc. Road Scholar**

**1- 800-454-5768**

Not for profit educational adventure for adults 55 and older.

[www.roadscholar.org](http://www.roadscholar.org)

**NORWALK COMMUNITY COLLEGE**

**203-857-7000**

188 Richards Ave., Norwalk 06854

Tuition waiver for Conn. Senior residents 62+ years or older

[www.ncc.commnet.edu](http://www.ncc.commnet.edu)

**UCONN STAMFORD CAMPUS**

**203-251-8400**

One University Place, Stamford 06901

Tuition waiver for Conn. Senior residents 62+

[www.bursar.stamford.uconn.edu/tuition-waivers](http://www.bursar.stamford.uconn.edu/tuition-waivers)

**YWCA**

**203-655-2535**

49 Old Kings Highway North, Darien 06820

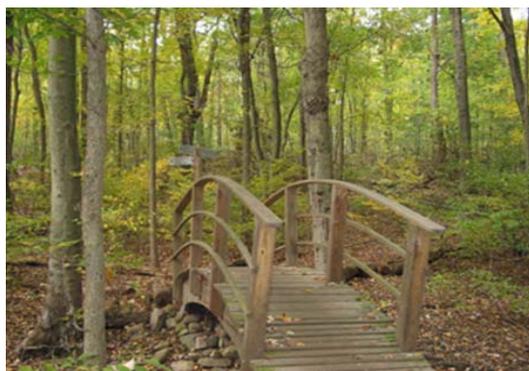
[www.ywcadariennorwalk.org](http://www.ywcadariennorwalk.org)

**YMCA**

**203-655-8228**

2420 Post Rd., Darien 06820

[www.darien-ymca.org](http://www.darien-ymca.org)



<b>VOLUNTEER OPPORTUNITIES</b>
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**AT HOME IN DARIEN** **203-655-2227**

2 Renshaw Rd., Darien 06820

Volunteers needed to help seniors with grocery shopping, have weekly visits, or drive to appointments. Help is needed at program events or assisting in the office.

[www.athomeindarien.org](http://www.athomeindarien.org)

**DARIEN SENIOR PROGRAMS** **203-656-7490**

**The Mather Center**

2 Renshaw Rd., Darien 06820

Call about the various volunteer opportunities available at the Senior Center.

[www.darienct.gov/seniors](http://www.darienct.gov/seniors)

**PERSON-TO-PERSON** **203-655-0048**

1864 Post Rd., Darien 06820

Opportunities for volunteers to work Monday – Friday, 9am-4pm.

[www.p2phelps.org](http://www.p2phelps.org)

**RETIRED & SENIOR VOLUNTEER PROGRAM (RSVP)** **203-663-7333**

98 South Main St., Norwalk 06854

Applications to volunteer available online.

[www.rsvpswct.org](http://www.rsvpswct.org)

**SCORES (Serv. Corp. of Retired Executives)** **203-831-0065**

111 East Ave., Norwalk, 06851

[www.scorenorwalk.org](http://www.scorenorwalk.org)

**STAMFORD/DARIEN RED CROSS** **203-655-2586**

**Conn. Chapter** **1- 877-287-3327**

209 Farmington Ave., Farmington 06032

Volunteer orientation sessions are held monthly at the Chapter offices. Day and evening sessions are offered.

[www.redcross.org/local/ct](http://www.redcross.org/local/ct)

**VOLUNTEER CENTER** **203-348-7714**

1150 Summer St., Stamford, 06909

[www.communityanswers.org](http://www.communityanswers.org)

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