



**ELDERLY HOUSING  
AND  
ADULT DAY CARE  
SOUTHWESTERN CONNECTICUT**

**COMPILED BY DARIEN HUMAN SERVICES  
TOWN HALL  
2 RENSRAW ROAD  
DARIEN, CT 06820  
203-656-7328  
[www.darienct.gov](http://www.darienct.gov)**

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## **Adult Day Care**

Programs that provide care and supervision in a protective setting for dependent adults living in the community during some portion of a twenty-four hour day. Services may include social and recreational activities, training that is essential for sustaining activities of daily living and hot meals, as appropriate.

### **Bridgeport**

Park City Adult Day Care ©  
55 Chapel Street  
Bridgeport, CT 06604  
203-355-1001

### **Fairfield**

Grasmere by the Sea ©  
1 Post Rd  
Fairfield, CT 06824  
203-365-6470

### **Greenwich**

River House Adult Day Center©  
125 River Road  
Cos Cob, CT 06807  
203-622-0079

### **New Canaan**

Waveny Care Center ©  
3 Farm Road  
New Canaan, CT 06840  
203-594-5200

### **Norwalk**

Elderhouse ©  
7 Lewis Street  
Norwalk, CT 06851  
203-847-1998

### **Stratford**

Baldwin Center  
1000 West Broad Street  
Stratford, CT 06615  
203-385-4050

Sunset Shores Adult Day Care ©  
720 Barnum Avenue  
Stratford, CT 06614  
203-380-1228

### **Trumbull**

St. Joseph Manor Adult Day Care ©  
(See CCNH-Pg. 8)

Kennedy Center, Senior Options ©  
30 Lindeman Drive #5  
Trumbull, CT 06611  
203-372-2111

© Indicates centers that are certified

## **INDEPENDENT RETIREMENT COMMUNITY**

Offers independent residential living for older adults, either purchased or leased, not subsidized. Units can exist as single family homes, condominiums, town houses, apartments, mobile homes or cooperatives. Retirement communities vary in terms of the kind of services they provide and the fees they charge.

### **Danbury**

Glen Crest  
3 Glen Hill Road  
Danbury, CT 06811  
203-790-9161

### **Westport**

The Saugatauk (Co-Op)  
35 Bridge Street  
Westport, CT 06880  
203-226-1570

### **New Canaan**

New Canaan Inn  
73 Oenoke Ridge  
New Canaan, CT 06840  
203-594-5450

### **Wilton**

Wilton Commons  
21 Station Road  
Wilton, CT 06897  
203-261-2229

### **Southbury**

Heritage Village  
3 Village Green  
Southbury, CT 06488  
203-264-0888

### **Stratford**

Oronoque Village Condominiums  
600 North Trail  
Stratford, CT 06614  
203-377-5313

### **Trumbull**

Teresian Towers  
6454 Main Street  
Trumbull, CT 06611  
203-261-2229

## **CONGREGATE HOUSING**

The State of Connecticut requires that the Congregate Housing for the Elderly Program must provide at least one meal per day in a communal setting, housekeeping and 24 hour security. Residents must have individual apartments that have private kitchens and baths. Communities may also assist in accessing personal care services. There are age, income requirements and persons must have temporary or periodic difficulties with one or more essential activities of daily living.

### **Riverside/Greenwich**

Hill House  
10 Riverside Avenue  
Riverside, CT 06878  
203-637-3177

The Mews  
½ Bolling Place  
Greenwich, CT 06830  
203-869-9448

### **Norwalk**

The Marvin  
60 Gregory Blvd.  
Norwalk, CT 06855  
203-854-4660

Ludlow Commons  
11 Roger Square  
Norwalk, CT 06855  
203-899-8534

Broad River Homes  
108 New Canaan Avenue  
Norwalk, CT 06850  
203-230-4809

### **Stamford**

Wormser Congregate  
28 Vine Street  
Stamford, CT 06905  
203-968-1092

Scotfield Manor  
614 Scotfield Town Road  
Stamford, CT 06903  
203-329-2388

### **Trumbull**

Stern Village  
Trumbull Housing Authority  
200 Hedgehog Circle  
Trumbull, CT 06611  
203-261-5740

## **Residential Care Homes – (RCH)**

An institution having facilities and all necessary personnel to furnish food, shelter and laundry for two or more persons unrelated to the proprietor and in addition, providing services of a personal nature which do not require the training or skills of a licensed nurse. Additional services of a personal nature may include assistance with bathing, help with dressing, preparation of special diets and supervision over medications which are self-administered.

All facilities below take Medicaid.

### **Bridgeport**

Stonehaven Rest Home  
124 Goddard Avenue  
Bridgeport, CT 06610  
203-367-1454

### **Norwalk**

Carlson Place  
17 Nelson Avenue  
Norwalk, CT 06851  
203-846-6994

Park City Residential Care Home  
752 Park Avenue  
Bridgeport, CT 06604  
203-362-1000

### **Greenwich**

Parsonage Cottage Residence  
88 Parsonage Road  
Greenwich, CT 06830  
203-869-6226

### **Stamford**

Scofield Manor  
614 Scofieldtown Road  
Stamford, CT 06903  
203-329-2388

### **Trumbull**

St. Joseph's Manor  
6448 Main Street  
Trumbull, CT 06611  
203-268-6204

## **Assisted Living**

An Assisted Living designation indicated managed residential communities that provide their residents with support services through an entity/agency that is licensed by the State of Connecticut, Department of Public Health as an Assisted Living Services Agency (ALSA). According to Section 19-13-D105 of the State of CT, Regulations of Connecticut State Agencies, effective 11/29/94, assisted living means nursing services and assistance with activities of daily living provided to clients within a managed residential community having supportive services that encourage clients primarily 55 years or older to maintain a maximum level of independence.

### **Brookfield**

The Village at Brookfield Common  
246 A Federal Road  
Brookfield CT 06804  
203-885-7460

### **New Canaan**

The Village at Waveny Care Center  
3 Farm Road  
New Canaan, CT 06840  
203-594-5200

### **Darien**

Atria  
50 Ledge Road  
Darien, CT 06820  
203-989-2414

### **Norwalk**

Maplewood Senior Living  
73 Strawberry Hill  
East Norwalk, CT 06855  
203-293-6554

Maplewood  
599 Boston Post Rd  
Darien Ct 06820  
203-293-6872

### **Shelton**

Benchmark of Split Rock  
708A Bridgeport Ave  
Shelton, CT 06484  
203-301-8866

### **Greenwich**

The Greens at Greenwich  
1155 Kings Street  
Greenwich, CT 06831  
203-531-5500

Wesley Heights  
580 Long Hill Ave  
Shelton, CT 06484  
203-929-5396

The Mews  
(See Congregate Housing – Pg. 2)

## **Assisted Living Cont'd**

### **Stamford**

Brighton Gardens  
59 Roxbury Road  
Stamford, CT 06902  
203-916-5392

Edgehill Senior Living Community  
122 Palmer's Hill Road  
Stamford, CT 06902  
203\*323-2323

Sunrise Assisted Living  
251 Turn of River Road  
Stamford, CT 06905  
203-968-8393

Atria at Stamford  
77 Third Street  
Stamford, CT 06905  
203-989-4916

### **Stratford**

Atria at Stratford  
6911 Main Street  
Stratford, CT 06614  
203-916-5124

### **Trumbull**

Middlebrook Farms  
2750 Reservoir Avenue  
Trumbull, CT 06611  
203-601-2031

Spring Meadows  
6949 Main Street  
Trumbull, CT 06611  
877-648-1989

### **Wilton**

Brookdale Place  
96 Danbury Rd  
Wilton, Ct 06897  
203-423-0193

The Greens at Canondale  
435 Danbury Road  
Wilton, CT 06897  
203-761-1191



## **Continuing Care Retirement Community**

Life Care Community (CCRC) provides residents with living accommodations and a wide variety of services, including health and long term care services, through contractual agreements. CCRC's are not licensed in Connecticut, but they must adhere to certain statutory requirements. Various components of their health care packages are licensed by the State of Connecticut. Residents must be independent upon admission and pay a substantial lump-sum entrance fee and monthly fees in exchange for lifetime housing and health related services.

### **Bridgeport**

The Watermark at Thirty-Thirty Park  
3030 Park Avenue  
Bridgeport, CT 06604  
203-502-7593

### **Wallingford/Newtown**

Masonicare  
74 Cheshire Road  
Wallingford, Ct 06492  
800-382-2244

### **Redding**

Meadow Ridge  
100 Redding Road  
Redding, Ct 06896  
203-493-4844

### **Stamford**

Edgehill Senior Living Community  
(See Assisted Living – Pg. 5)

### **Trumbull**

Spring Meadow  
6949 Main Street  
Trumbull, Ct 06611  
877-648-1989

## **Chronic & Convalescent Homes**

### **(CCNH) Nursing Homes**

A long term institution having facilities and all necessary personnel to provide skilled nursing care under medical supervision and direction to carry out simple, non-surgical treatment and dietary procedures for chronic disease or convalescent stages or acute disease or injuries. Following is a list of such facilities in Southwestern Connecticut.

To access detailed information of these nursing homes in Southwestern Connecticut, as well as the other nursing homes nation wide. Click on the following Medicare Web site: <http://www.Medicare.gov/Nursing/Overview.asp>

Also, this web site would help you to compare nursing homes regarding the quality of care, quality of life, nutrition, safety and other important vital issues.

All facilities below take Medicaid

#### **Bridgeport**

Astoria Park Rehab and Nursing  
Center  
725 Park Avenue  
Bridgeport, CT 06604  
203-366-3653

Bridgeport Manor  
540 Bond Street  
Bridgeport, CT 06610  
203-384-6575

3030 Park Health Center  
Website: <http://3030Park.com>  
(See Continuing Care Retirement – Pg.-6)

Coleman Park Health & Rehab. Center  
62 Coleman St  
Bridgeport, CT 06610  
866-870-8999

Northbridge Health Care  
2875 Main Street  
Bridgeport, CT 06606  
203-336-0232

#### **Greenwich**

Fairview Greenwich Rehab  
And Health  
1188 King Street  
Greenwich, CT 06831  
203-531-8300

Nathaniel Witherell  
70 Parsonage Road  
Greenwich, CT 06830  
203-618-4200

Greenwich Woods Health  
Care Center  
1165 King Street  
Greenwich, CT 06831  
800-355-7560

(CCNH- cont'd)

**Fairfield**

Jewish Home for the Elderly  
175 Jefferson Street  
Fairfield, CT 06825  
203-365-6400

Carolton Chronic & Conval  
Hospital, Inc.  
400 Mill Plain Road  
Fairfield, CT 06824  
203-255-3573

Ludlow Center for Health and Rehab  
118 Jefferson Street  
Fairfield, CT 06825  
203-372-4501

**Norwalk**

Cassena Care  
34 Midrocks Road  
Norwalk, CT 06851  
203-847-9686

Autumn Lake Health Care  
23 Prospect Street  
Norwalk, CT 06850  
203-853-0010

**Rocky Hill**

Veterans Home & Hospital  
287 West Street  
Rocky Hill, CT  
860-529-2571  
860-616-3800

**Southport/Stratford**

Southport Convalescent Center  
930 Mill Hill Terrace  
Southport, CT 06490  
877-606-0367

Lord Chamberlain Manor  
7003 Main Street  
Stratford, CT 06614  
203-375-5894

**Stamford**

Regency Heights  
53 Courtland Avenue  
Stamford, CT 06902  
203-353-6118

Long Ridge Post-Acute Care  
710 Long Ridge Road  
Stamford, CT 06902  
203-329-4026

St. Camillus Health Center  
494 Elm Street  
Stamford, CT 06902  
203-325-0200

The Villa at Stamford  
88 Rock Rimmon Road  
Stamford, CT 06903  
203-322-3428

**Trumbull, Westport, Wilton**

St. Joseph Manor  
6448 Main Street  
Trumbull, CT 06611  
203-268-6204

Maefair Health Care Center  
21 Maefair Court  
Trumbull, CT 06611  
203-459-5152

Westport Health Care Center  
1 Burr Road  
Westport, CT 06880  
203-226-4201

Wilton Meadows Health Center, Inc.  
439 Danbury Road  
Wilton, CT 06897  
203-834-0199

## **Subsidized Rental Housing**

Housing Complexes that have rental units where residents can receive subsidies, for all the community's living units or a specific number of units. The subsidies can be received from the state or Federal government or from endowments through the community. Residents must usually comply with income or age requirements to be eligible. These housing complexes may be privately sponsored or, publicly sponsored by a local housing authority.

### **Bridgeport**

Bridgeport Housing Authority  
Main Office – 150 Highland Ave.  
Resident Selection – 505 Trumbull Ave.  
Bridgeport, CT 06606  
203-337-8900

Barnum House  
140 Fairfield Avenue – 06604  
203-384-0243

Benham Avenue Apartments  
345 Benham Avenue – 06604  
203-916-6344

Augustana Homes  
525 Palisade Avenue – 06610  
203-366-4333

Bishop Curtis Homes Jewett  
280 Jewett Ave. - 06606  
203-374-5346

Boston Common  
1260 Boston Avenue – 06610  
203-337-8900

Clifford House  
1450 Main Street- 06604  
203-367-0808

Laurelwood Place  
585 Norman Street - 06605  
203-579-0577

Marlboro Court  
1150 Pembroke Street – 06610  
203-337-8900

Roncalli Apartments  
430 Grant Street – 06610  
203-384-9984

Seymour Hollander Apartment  
4190 Park Ave. – 06604  
203-374-7868

Sycamore Place Apartments  
285 Maplewood Ave. – 06605  
206-336-2812

The Stratfield  
1241 Main Street – 06604  
203-366-4321

### **Bridgeport**

Fireside Apts. I  
730 Palisade Ave. – 06610  
203-337-8912

Fireside Apts. II  
75 Stewart Street – 06610  
203-337-8850

Fireside Apts. III  
655 Palisade Ave. – 06610  
203-337-8848

(Bridgeport Hsg. Authority)

Harborview Tower  
376 E. Washington Ave. – 06608  
203-337-8836

Tower II Apartments  
1491 Central Ave. – 06610  
203-579-1659

Twin Tower Apartments  
199 Yacht Street – 06605  
203-330-1861

Washington Heights Apts.  
115 Washington Avenue – 06604  
203 367-8171

### **Darien**

Old Town Hall Houses  
719 Post Road - 06820  
203-655-0866

The Heights  
24 Allen O’Neill Dr – 06820  
203-655-0866

**Fairfield** Housing Authority  
15 Pine Tree Lane - 06825  
203-366-6578

Parish Court  
175 Warde Terrace - 06825  
203-333-4912

Sullivan-McKinney Elder Housing  
224 Meadowbrook - 06824  
203-259-1991

Trefoil Court  
20 Trefoil Court – 06825  
203-259-1991

### **Greenwich/Riverside**

Greenwich Housing Authority  
249 Millbank Avenue - 06830  
203-869-1138

Agnes Morley Heights  
249 Milbank Ave  
203-869-1138

Hill House  
10 Ridgeview Ave - 06878  
203-637-3177

McKinney Terrace  
71 Vinci Drive - 06830  
203-869-1138

Parsonage Cottage  
88 Parsonage Road  
203-869-1138

Quarry Knoll Drive I & II  
Quarry Knoll Drive - 06830  
203-869-1138

Witherall Pavilion  
60 Parsonage Road - 06830  
203-618-4200

### **Monroe**

Monroe Housing Authority  
358 Wheeler Road - 06468  
203-261-7685

### **New Canaan**

New Canaan Housing Authority  
57 Millpoint Avenue - 06840  
203-966-2408

Canaan Parish  
186 Lakeview Ave. - 06840  
203-966-1150

School House Apartments  
156 South Ave – 06840  
203-972-0020

**Norwalk**

Norwalk Housing Authority  
24 Monroe Street - 06854  
203-838-8471

Cedar Court  
92 Cedar Street – 06851  
203-939-9613

Hilltop Homes  
212 Rowayton Avenue 06853  
203-866-8447

Irving Freese Apartments  
57 Ward Street – 06851  
203-838-8471

Leonard Street Apartments  
1 Leonard Street – 06850  
203-852-0263

Ludlow Village  
Emerson Street – 203-838-8471  
203-838-8471

Senior Court  
9 Union Avenue – 06851  
203-838-8471

Kingsway Senior Housing  
152 Westport Avenue – 06851  
203-847-7027

Laura Raymond Homes  
290 Main Ave – 06851  
203-846-4500

Shostak Apartments  
65 Ward Street – 06851  
203-838-8471

West Avenue Apartments  
20 West Avenue – 06850  
203-838-8471

The Marvin  
60 Gregory Blvd. – 06855  
203-854-4660

**Stamford**

Charter Oak Communities  
23 Clinton Avenue – 06901  
203-977-1400 – Ext. 3301

Augustana Homes of Glenbrook  
358 Glenbrook Road – 06901  
203-324-5881

Augustus Manor  
101 Main Street – 06901  
203-357-1281

The Atlantic  
50 Bell Street – 06901  
203-348-6330

The Mapleview Tower  
51 Grove Street – 06901  
203-324-2031

Pilgrim Towers  
25 Washington Court – 06902  
203-324-2327

Stamford Green  
482 W. Main Street – 06902  
203-359-8811  
(Subsidized Hsg. Cont'd)

Quintard Manor  
18 Quintard Terrace – 06902  
203-977-1400 – Ext. 3307

Belltown Manor  
21 Burdick Street – 06905  
203-325-4472

Clinton Manor  
22 Clinton Avenue – 06901  
203-977-1400 – Ext. 3328

Cross Road Residence  
6 Cross Road - 06905  
203-230-4809

Czescik Homes (State Facility)  
108 Greenwich Avenue – 06902  
203-977-1400 – Ext. 3328

Eleanor Roosevelt House  
18 Knapp Street – 06902  
203-653-2477

Glenbrook Manor  
10 Glenbrook Road – 06902  
203-977-1438

Harboursite  
511 Shippan Avenue – 06902  
203-358-8011

### **Stratford**

Stratford Housing Authority  
295 Everett Street – 06614  
203-375-4483

Lucas Gardens  
125 Arbor Street – 06614  
203-275-4483

Raymond Baldwin Apartments  
295 Everett Street – 06614  
203-375-4483

Robert Kennedy Apartments  
201 Birch Drive – 06614  
203-375-4483

### **Trumbull**

Trumbull Housing Authority  
200 Hedgehog Circle - 06611  
203-261-5740

### **Westport**

Westport Housing Authority  
5 Canal Park - 06880  
203-227-4672

### **Wilton**

Ogden House  
100 River Road - 06897  
203-762-8035

Wilton Commons  
21 Station Rd  
Wilton, Ct 06897  
203-672-0249



# NOTES

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