

STAFF

Alexandra Ramsteck, LCSW, Director

(203) 656-7494

aramsteck@darienct.gov

Cynthia Hall, LMSW, Case Worker

(203) 656-7373

chall@darienct.gov

Michelle Varrone, Office Administrator

(203) 656-7328

mvarrone@darienct.gov

Joan Davey, Program Assistant

203-656-7329

jdavey@darienct.gov

Diane Barston, Program Assistant

203-656-7329

dbarston@darienct.gov

Town Hall
2 Renshaw Road
Room 109
Darien CT 06820
(203) 656-7328
www.darienct.gov

02/19

Town of Darien Human Services



*A caring partner in service to our
community and our residents*

Town Hall
2 Renshaw Road
Room 109
Darien, CT 06820
(203) 656-7328
www.darienct.gov

Darien Human Services

The Human Services Department provides a wide variety of services, including supportive counseling, assessment for benefits and program eligibility, as well as case management for any Darien resident. In addition, the staff provides crisis intervention, assistance with mental health, substance abuse and domestic violence issues. We also provide emergency financial assistance. All client information is strictly confidential. Residents can meet with staff in our office, via phone, email, or in their home if requested. A social worker is available Thursday mornings at the Mather Center in Town Hall.

Counseling Support and Outreach. For families and individuals in times of need. (Home visits can be arranged).

Information and Referral. Recommendations on services available in the community, region, and state to meet client's needs. **Senior Resource Directory** is available in the office or online.

Resource Library. Information on Human Services resources in the community and other health matters.

Reassurance Call. Seniors or disabled residents can receive a phone call from staff before and after severe weather or other serious town-wide incidents.

Municipal Veteran's Representative. Liaison with federal, state and local agencies that serve veterans. Provides information, referral, and support to veterans and their dependents.

Municipal Agent On Aging. Liaison with the CT Commission on Aging and other services and programs serving the elderly.

CHOICES Counselors. Assist with Medicare Coverage, Medigap, Medicare Saving Programs and Open Enrollment for Part D prescription plans.

Energy Assistance. Various federal and state programs provide financial assistance for home heating expenses for eligible Darien residents.

Renter's Rebate. State-funded program provides eligible Darien seniors and disabled residents with a rebate on their yearly rental expenses.

Back to School Program. Eligible Darien school children receive new backpacks and school supplies at the start of the school year.

Thanksgiving Program. Eligible families and seniors in Darien receive food baskets or gift cards to local grocery stores.

Holiday Program. Darien families and seniors in need receive gifts such as food, clothing, toys, and gift cards through private donations.

Household Supply Closet. Eligible Darien families and individuals can receive cleaning supplies, paper goods, and personal grooming and hygiene products.

Loan Closet. Free, short term loans of medical equipment such as wheelchairs, walkers, canes, and crutches.

Financial Assistance. Direct emergency financial aid (on a limited basis) for eligible Darien individuals and families.

Long-Term Planning. Assistance with housing and health care decisions for seniors, disabled residents and their families.