

**Beware –
There may be health hazards
lurking in cosmetology salons!**

Darien Health Department
Mindy Chambrelli, RS, REHS
December, 2017

IN 2001

Connecticut legislation was passed which established the following requirement:

- **Sec. 19a-231.** Inspection of salons
- (b) The director of health for any town, city, borough or district department of health, or the director's authorized representative, **shall, on an annual basis**, inspect all salons within the director's jurisdiction regarding their sanitary condition. (June Sp. Sess. P.A. 01-4, S. 44.).

Regulatory Authority Over Hair Salons and Barber Shops

- The Connecticut Department of Public Health does not regulate salons and barbershops but does issue licenses to hairdressers and barbers.
- Each hairdressing shop, store or place shall be under the management of a State licensed hairdresser and cosmetician.
- Permits to operate a salon or barbershop are issued by local health departments who conduct inspections of these facilities at least once a year.

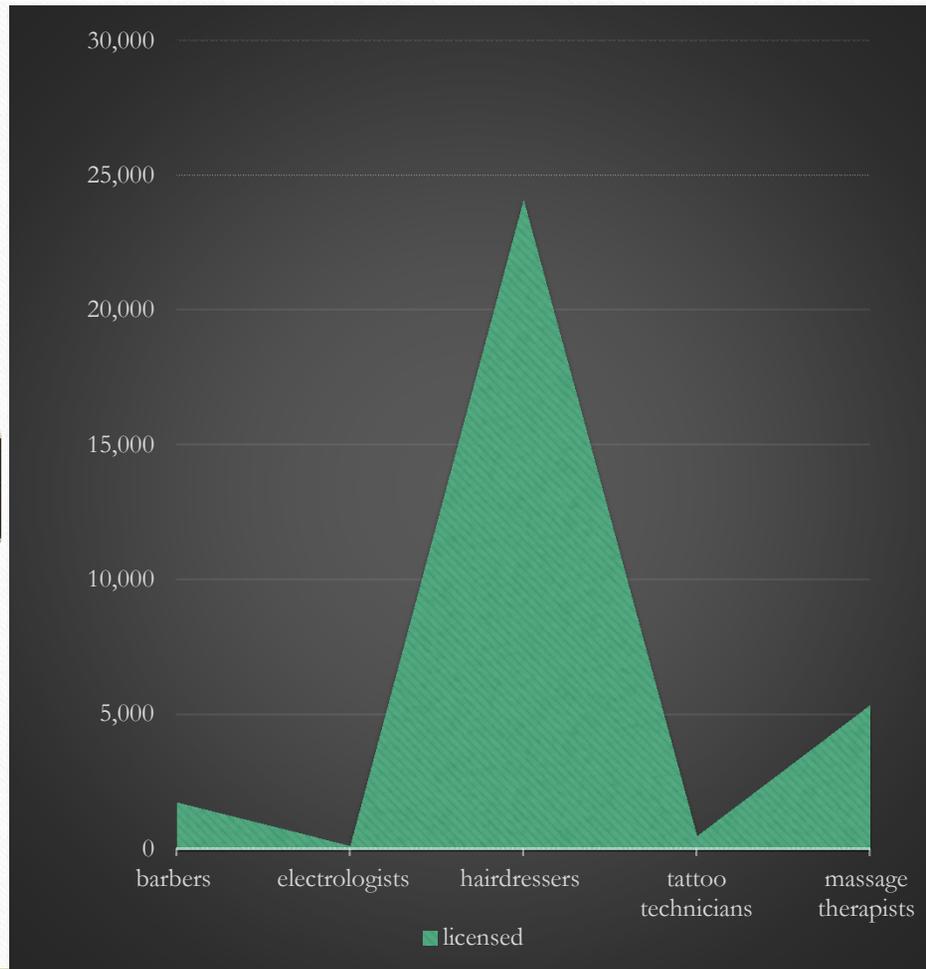
The law says.....



- No Connecticut license is required of individuals performing facials, pedicures, eyebrow arching, shampooing, manicures, or braiding.
- Any individual cutting hair is required to maintain a current CT State license
- Massage therapists must be licensed by the State of Connecticut



Data from Connecticut Department of Public Health
Practitioner Licensing and Investigations Section
Collected June 2017



*Current Private Schools of
Hairdressing/Cosmetology*

Approved by the Connecticut Department of Public Health

You can verify if a license is *current and active* with the State of Connecticut quite easily.
Go to the link provided below:

<https://www.elicense.ct.gov/>

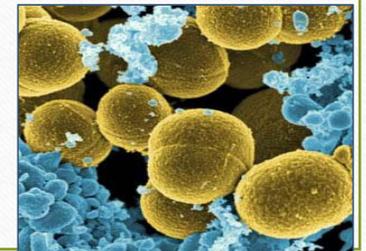




Why are salons regulated?



- Infections: fungal (yellow nails, athletes foot & yeast), Viral (HIV, Hepatitis & Plantar warts), Bacterial infections.....staph & strep...Cellulitis...MRSA
- Wounds can cause disease from bloodborne pathogens (HIV, Hepatitis & Herpes) *diabetics may never heal*
- Evaluate sanitization practices of the facility and equipment
- Exposure to hazardous chemicals (including occupational exposures)



Establish Local Regulations

State statute directs local health to annually inspect so the 1st step is to develop regulations to establish health and safety standards as well as enforcement procedures.

Darien Health Department

Article VII. Salons

Sec. 30R-7-1 through Sec. 30R-7-36

The last revision to local salon regulations went into effect on July 1, 2015.





In Darien...

Services offered to Patrons are Divided into the following Categories:

1. Hair (cut & color)
2. Nails (manicure & pedicure)
3. Facial & Skin Treatment (hair removal & microdermabrasion)
4. Massage & Body Treatment (tanning, hot stone therapy, body art and/or tattoo)



Annual
permit
renewal
process



Semi annual
inspections
(April &
October)



Issue annual
permit &
certificate
of
compliance



Darien Regulations Highlights:

1. “Certificates of Inspection” are posted in each facility indicating that the facility has been inspected with the date of inspection.
2. Detailed Inspection Reports are accessible on-line.



Regulations define

- which Violations are considered to be critical items
- which violations are considered to pose an Imminent Health Risk to patrons
 - Adequate methods of sanitizing equipment

(Re-inspections are required if deficiencies noted during routine inspection)

www.darienhealth.com

https://darien-ct.mydhd.com/webadmin/dhd_358/paper/_paper_inspectors.cfm?inspectionID=17001&don The Digital Health Department Cosmetology Inspection

Darien Health Department Salon Inspection Report

ELEGANCE, INC. 1958 POST RD DARIEN, CT 06820 OCT 20, 2016
Name of Establishment Address Date

Inspected By MINDY CHAMBRELLI

SERVICE PROVIDED:

- HAIR CUTTING, STYLING & COLORING
- MASSAGE & BODY TREATMENT, INCLUDING TANNING
- NAILS; MANICURES OR PEDICURES
- COSMETOLOGY; INCLUDING FACIALS, SKIN TREATMENT AND HAIR REMOVAL
- OTHER - DESCRIBE _____

1 Permit and Certificate of Inspection NOT posted.

TYPE OF SANITIZER USED FOR EQUIPMENT: Barbicide & clippercide used
TYPE OF LAUNDRY SANITIZER USED: Washed off site
COMMENTS:

Next scheduled inspection date: Mar 17, 2017

Report Reviewed and Received by: (Frank)

Time in: 11:20:00 AM
Time out: 11:41:18 AM

Darien inspection report



The inspection report ONLY lists deficiencies at the time of inspections.

Look for this
Certificate of
Inspection in
your favorite
salon!

Certificate of Inspection
An Inspection of

_____ was conducted on _____ (date)

Employee practices and general facilities were found to be:
_____ in general compliance with Health Code Regulations
_____ exhibiting deficiencies necessitating a future reinspection.

DARIEN HEALTH DEPARTMENT



Signature



If you don't see
this certificate,
ask why it isn't
posted! You
need to be
informed!

As a customer, there are some things you should look for:

- Make note that the “*Certificate of Inspection*” is posted!
- Employees wash their hands before providing you with services
- Single use items are **NOT REUSED!**
- Equipment and surfaces are visibly clean and **SANITIZED!**
- Prohibited items (shaving brushes, shaving mugs & credo blades) not used.
- Call the Health Department if you have concerns about observed practices! (203) 656-7324



Hand Hygiene

Is there a correct way to wash hands? **YES!!!**

(from www.cdc.gov)

- **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
- **Lather** your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.
- **Scrub** your hands for at least 20 seconds. Need a timer? Sing the “Happy Birthday” song slowly from beginning to end.
- **Rinse** your hands well under clean, running water.
- **Dry** your hands using a clean towel or air dry them.

Handwashing is considered to be the best way to prevent the spread of illness and must be done by employees before a clients treatment, after providing service & when changing tasks.

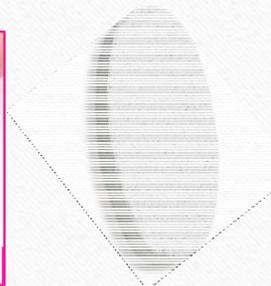


***BEST Practice:
all patrons should wash their
hands before receiving a
manicure!***



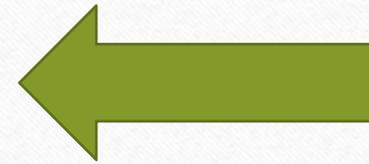
Single Use Items **ONLY**

Discard after each use!





Prohibited Items





Multi-use Tools

- ✓ Approved utensils **ONLY** can be reused!
- ✓ Debris must be manually washed off with soap and water!
- ✓ All tools must be sanitized after every use!!!





Laundry & Equipment



Is clean the same as sanitized?

~~TRUE~~ or FALSE*

In order for anything to be sanitized, or disinfected, a chemical must be added.

Approved Sanitizers:

Adequate contact time needed!!!

Quaternary Ammonium Compounds
(e.g., Barbicide)

Alcohol (70% ethyl alcohol or 99% isopropyl alcohol)

Clippicide, Oster or Cool Care

Bleach

Autoclave (**maintenance required**)

Lysol

Boiling water

Other EPA disinfectants

Hospital-grade disinfectant



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The Clorox Co. EPA Reg. No. 5813-50. Covered under one or more
of the following U.S. Pats.: 6,211,131; 6,297,209.

NOT ACCEPTABLE!

Ultraviolet equipment and formalin disinfectant do not completely disinfect implements and should not be the primary method for the disinfection.





Pedicure tubs

Pedicure footbaths, foot spas, whirlpools, and air-jet basins must be cleaned and sanitized between each use, **NOT** at the end of the business day!

After EACH use, staff need to:

1. Drain water from footbath.
2. Scrub all visible residue and debris from the inside walls of the footbath
 - ✓ Use liquid detergent, clean water & clean brush w/handle.
3. Rinse footbath with clean water.
4. Refill footbath with clean water and disinfectant solution.

Bleach or Barbicide is commonly used.

- ✓ Properly diluted per the manufacturer's directions!
5. Circulate disinfectant solution through the footbath for the time period specified on the disinfectant label
 - ✓ **Barbicide =10 minutes; Bleach=2 minutes**
 6. Rinse well with clean water and allow to air dry.



Massage Therapy

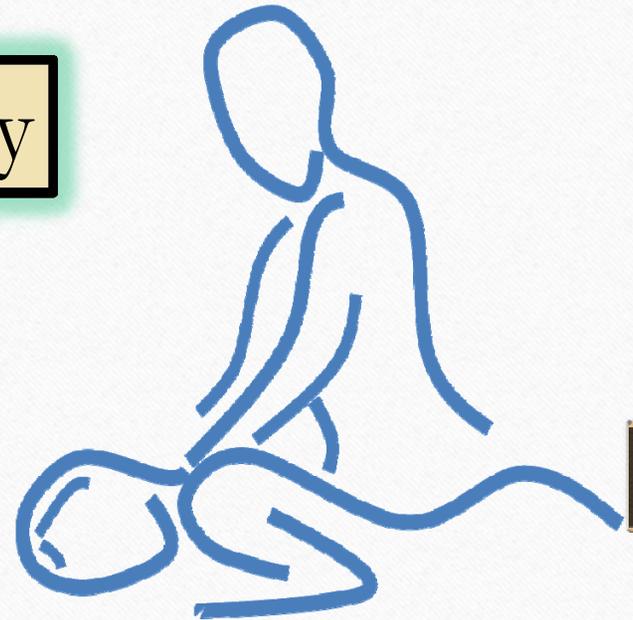
CT General Statutes, “Massage Therapists,”
Chapter 384a, Sec. 20-206a, Definitions.

CT license required to offer massage services

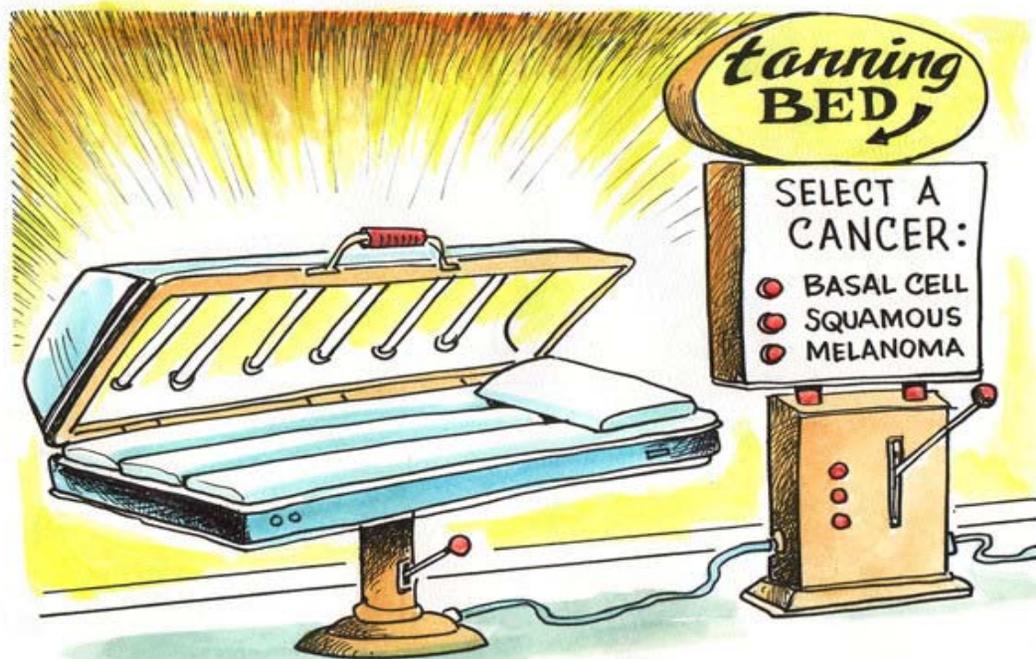
The State issued license must be posted and
clearly **VISABLE TO THE PATRON!**

“**Massage therapy**” means the systematic and scientific manipulation and treatment of the soft tissues of the body, by use of:

pressure,
friction,
stroking,
percussion,
kneading,
vibration by manual or mechanical means
range of motion and nonspecific stretching.”



Tanning Facilities



DAVE GRANLUND © www.davegranlund.com

- Signage (associated risk/warning FDA)
- Consent for under age use (under 17)
G.S. 19a-232
- Single use eyewear – during UV exposure is required!
- Clean & sanitize beds after each use
- **SPRAY TANNING** - Inhalation of spray by patrons & workers to be avoided



Waxing

Wax is a single use item!

- Do NOT melt the wax back in the pot after the wax was put on a customer
- Tweezers MUST be sanitized between customers
- Do NOT put the stick back into the wax pot after putting the wax on the customer (NO DOUBLE DIP)

Issues with the below practice?



New Trends

Scope of services is drastically increasing!

- Eyelash extensions
 - Hydrofacials
- Microblading & Threading
 - Spray tans
 - Sugar waxing
 - Micro-needling
- Injectable: Botox/Fillers
 - Light therapy

MORE TRENDS....

(Cryotherapy ... Salt Caves ... Infrared sauna & Stretch Studios)

- ## Eyelash Extensions & Microblading

Ask your technician for documentation of training or if they have a tattoo license to preform advertised services.

You have the power as a consumer to ask questions!



- **Micro-Needling (Collagen Pin)**

Is the technician medically trained? (RN, APRN, MD)



- **Holding 12 or 36 micro needles**



“Health in your Hands” Darien Public Awareness Campaign





Did you Know?

Having an open wound or shaving your legs prior to visiting a nail salon increases the chance of contracting a bacterial, viral, or fungal infection
#NailHealth

This message is presented by the Darien Health Department as part of the Health in Your Hands Campaign to raise consumer awareness of nail salon health and safety. Please contact us for more information or with questions: 203-656-7320.



if you
SEE | **SAY**
something | something™

Report a Nail Salon for Unsafe Practices to the Darien Health Department
#NailHealth
#EmpoweredConsumer



This message is presented by the Darien Health Department as part of the Health in Your Hands Campaign to raise consumer awareness of nail salon health and safety. Please contact us for more information or with questions: 203-656-7320.

Follow us on Twitter www.twitter.com/darienhealth and use the hashtags #HealthyNails and #EmpoweredConsumer to keep up with the campaign.

Thank you to the following:

Stratford Health Department Staff

UNCAS Health District - Margarita Mogollon, RS

David Knauf, M.P.H., M.S., R.E.H.S. – Director Of Health

Darien Health Department

Connecticut Environmental Health Association (CEHA)

QUESTIONS?

Contact information:

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203-656-7322