



## DARIEN HEALTH DEPARTMENT COVID-19 QUARANTINE AND ISOLATION GUIDELINES

Questions? Call 203-656-7324

Visit: [www.darienct.gov/covid19](http://www.darienct.gov/covid19) or [www.darienct.gov/healthcovid](http://www.darienct.gov/healthcovid)

PERSON A	PERSON B	PERSON C	PERSON D
<p><b>Any person who tests positive for COVID-19.</b></p> <p><b><u>With Symptoms</u></b></p> <p>Isolation until <i>ALL</i> of the following have been met:</p> <ul style="list-style-type: none"> <li>✓ 10 days since symptoms first appeared</li> <li>✓ 24 hrs since last fever (without use of medication)</li> <li>✓ Symptoms have improved</li> </ul> <p><b><u>Without Symptoms*</u></b></p> <p>Isolation until ALL of the following have been met:</p> <ul style="list-style-type: none"> <li>✓ 10 days have passed since positive test date</li> <li>✓ Person has monitored health daily and shows no symptoms</li> </ul> <p><small>*PCR test recommended for individuals without symptoms</small></p>	<p><b>Any person who lives in the same household as a person who has tested positive for COVID-19.</b></p> <p><b><u>With Symptoms</u></b></p> <ul style="list-style-type: none"> <li>✓ Isolate immediately</li> <li>✓ Get tested</li> <li>✓ Follow guidelines for Person A</li> </ul> <p><b><u>Without Symptoms</u></b></p> <ul style="list-style-type: none"> <li>✓ Quarantine immediately</li> <li>✓ Monitor health daily</li> <li>✓ Quarantine for 14 days past <i>last exposure</i>. This may be 14 days after the positive household member has recovered.</li> <li>✓ Remain in quarantine for 14 days even if tested with negative result</li> <li>✓ If symptoms develop, contact Primary Care Provider</li> </ul>	<p><b>Any person with close contact (within 6 ft for 15 mins or more over a 24 hour time period) to a person who has tested positive for COVID-19.</b></p> <p><b><u>With Symptoms</u></b></p> <ul style="list-style-type: none"> <li>✓ Isolate immediately</li> <li>✓ Get tested</li> <li>✓ Follow guidelines for Person A</li> </ul> <p><b><u>Without Symptoms</u></b></p> <ul style="list-style-type: none"> <li>✓ Quarantine immediately</li> <li>✓ Monitor health daily</li> <li>✓ Quarantine for 14 days past <i>last exposure</i></li> <li>✓ Remain in quarantine for 14 days even if tested with negative result</li> <li>✓ If symptoms develop, contact Primary Care Provider</li> </ul>	<p><b>Any person who has been in close contact with person B or C (i.e. someone who has been exposed).</b></p> <p><b>NO QUARANTINE OR ACTION REQUIRED AT THIS TIME.</b></p>

**Definitions:**  
Isolation: Separates infected and contagious people from people who are not sick.  
Quarantine: Separates and restricts movement of a person who has been exposed, but not actively ill.  
Close Contact: Within 6 ft. of an infected person for at least 15 minutes starting 48 hours before the person became ill and/or tested positive.