

As a
Consumer...Just
Ask:

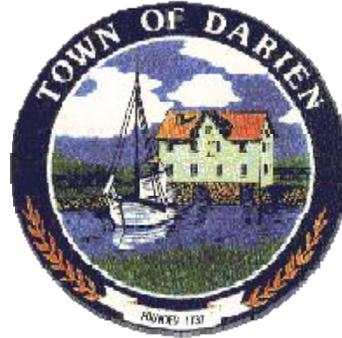
1. Did you wash your hands?
2. Are you using a new single-use file on me?
3. Can you show me how you disinfect your pedicure tubs and other tools?



Look for Barbicide and other powerful disinfectants like bleach

It's up to You:
See an unsafe practice?

If your nail salon does not follow the safety requirements outlined in this brochure, **contact the Darien Health Department.**



Darien Health Department
Room 109, Town Hall
2 Renshaw Road
Darien, CT 06820
Phone: 203-656-7320

Raise Awareness:
Health in Your Hands

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C Gorey May 2017

Health in your Hands:

How manicures
and pedicures can
impact your
health



Presented by the Darien Health Department



The Darien Health Department issues **permits and inspects nail salons in town**, inspecting for cleanliness and proper sanitation practices. While our local health department works to keep you safe, it is vital the **consumer be educated** and vigilant to ensure best practices every day.

Worker and Customer Protection

Nail technicians and customers can also be exposed to dangers during services. To ensure everyone's safety and health, take note of the following:

- Adequate **ventilation** means there are little to no odors
- Use of **gloves and masks** when providing services
- There should be **no smoking** in salons, as many materials are flammable

What Could go Wrong?



If precautions are ignored, then you and others are at a **greater risk** for the following ailments

- **Viral** infections- Warts, hepatitis B and C, and HIV/AIDS
- **Bacterial** infections- Staphylococcus, streptococcus, and pseudomonas
- **Fungal** infections- athlete's foot, nail fungus, and yeast
- Problems with **breathing** due to inhalation of chemicals and dust

Does your Salon Meet Health Standards?



Scan the QR Code and search for your salon to review the results of their latest health inspection on the **Darien Department of Health website**.

Common Violations

- **Re-use of single use items** such as nail files, emery boards, orange sticks, drill bits, wax applicators
- **Improper sanitation** and cleaning of pedicure tubs
- Nail stations that are not **cleared of nail clippings and shavings**

Be an Educated Consumer

- Make sure both you and the technician **wash hands** before services to prevent the spread of bacteria and viruses
- Check for **salon license and certificate of inspection** displayed. These confirm the salon has been inspected by the health department and passed health and safety standards.
- Even when **disposable plastic liners** are used, make sure the pedicure station has been **properly sanitized between uses**.
- If wary about the salon's set of tools, **invest in your own set** and bring them with you when receiving services
- **Do not shave your legs** or have any **open cuts or wounds** when preparing to visit a salon

