

MARCH 2010 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
9:30 Stain Glass w/Rose Warren & George Sposito 9:30 Quilting with Sandy 10:00 Exercise with Kinsey 10:00 Poetry with Alberta, Marilyn & Tony Bingo Room 11:00 Discussion Group – Library 11:00 Ballet Class w/Ruth Brinker \$4/class 12:15 Zumba Gold, NEW dance exercise, Jill Franke 12:45 “The ABC’s of Good Nutrition, Elaine Abrams, RN – Nursing & Home Care 1:30 Bingo with Janice	9:30 Knitting & Needlepoint 10:00 Writing Class 10:00 Low Impact Exercise w/Winifred 10:00 Walk-in Computer w/Bob & Ed 10:15 Stretching with Frances Goulart, \$4 11:15 Tai Chi \$4/class 12:45 French Literature, Jacqueline Pace 12:45 Movie 1:00 Italian Conversation w/Tony	9:30 Crafts with Phyllis 9:30 Watercolor with Joe Lamorte, \$4/class 10:00 Flower Arranging Class 10:00 Blood Pressure 10:00 Hollywood in India - Travel Movie 11:00 Yoga, \$4/class 11:30 Piano Fun with Pam 12:00 Alyssa Israel, AIP 12:30 “Let’s Talk w/Louis Rosenfeld 1:00 Ping Pong	9:15 Pilates, \$4/class 10:00 Advanced Beginner Bridge Lesson, \$5 10:00 Acrylic Painting \$4/class 10:00 “Play with Clay” \$5/class 10:00 Movie 10:00 Soc. Service Dept. Hours with Mary Bernat - NEW 11:15 Jazzercise \$4/class 1:00 Senior Fitness Class w/ Laura Beare 1:00 Short Story	9:30 Dance for Health \$5/class 10:00 Advanced Beginner Bridge, \$5/class 10:00 Beginner Conversational Spanish, \$4/class 10:00 Stone Carving \$4/class 10:00 Oil Painting \$4/class 11:00 “Ballet for Seniors” w/Ruth Ann, \$4/class 11:00 Intermediate Spanish, \$4/class 12:30 Current Events with the Millers’ 1:00 “Remember When” with Madeline 1:15 AARP Membership Monthly Meeting
8	9	10	11	12
9:30 Stain Glass w/Rose Warren & George Sposito 9:30 Quilting with Sandy 10:00 Exercise with Kinsey 10:00 Intermediate French \$4/class 11:00 Discussion Group – Library 11:00 Ballet Class w/Ruth Brinker \$4/class 12:00 Zumba Gold, NEW dance exercise, Jill Franke 12:45 “Preservation of Capital” – Lou Albanese, Catamount Wealth Management 12:45 Movie 1:30 Bingo with Janice	9:30 Knitting & Needlepoint 10:00 Writing Class 10:00 Low Impact Exercise w/Winifred 10:00 Walk-in Computer w/Bob & Ed 10:15 Stretching w/ Frances Goulart, \$4 11:15 Tai Chi \$4/class 12:30 The Blue Notes – Musical 12:45 Movie 1:00 Italian Conversation w/Tony	9:30 Crafts with Phyllis 9:30 Watercolor with Joe Lamorte, \$4/class 10:00 Indian Art Films - Travel Movie 11:00 Yoga, \$4/class 11:30 Piano Fun with Pam 12:30 “Let’s Talk” w/Louis Rosenfeld 1:00 Ping Pong 1:45 High Tea	9:15 Pilates, \$4/class 10:00 Advanced Beginner Bridge \$5/class 10:00 Acrylic Painting \$4/class 10:00 “Play with Clay” \$5/class 10:00 Movie 10:00 Soc. Service Dept. – Mary Bernat 11:15 Jazzercise, \$4/class 1:00 Senior Fitness Class w/Laura Beare 1:00 Short Story	9:30 Dance for Health \$5/class 10:00 Advanced Beginner Bridge 10:00 Stone Carving \$4/class 10:00 Oil Painting \$4/class 10:00 Beginner Conversational Spanish, \$4/class 11:00 “Ballet for Seniors” w/Ruth Ann, \$4/class 11:00 Intermediate Spanish, \$4/class 12:30 Current Events with the Millers’ 1:00 “Remember When” with Madeline
15	16	17	18	19
9:30 Stain Glass w/Rose Warren & George Sposito 9:30 Quilting with Sandy 10:00 Exercise with Kinsey 10:00 Intermediate French \$4/class 11:00 Discussion Group – Library 11:00 Ballet Class w/Ruth Brinker \$4/class 12:15 Zumba Gold, NEW dance exercise, Jill Franke 12:45 St. Patty’s Music Program – Bob Giamotti sponsored by Healthnet 12:45 Movie 1:30 Bingo with Janice	9:30 Knitting & Needlepoint 10:00 Writing Class 10:00 Low Impact Exercise w/Winifred 10:00 Walk-in Computer w/Bob & Ed 10:15 Stretching w/ Frances Goulart, \$4 1:00 Care Givers Support – Beth Paris 1:00 Italian Conversation w/Tony	9:30 Crafts with Phyllis 9:30 Watercolor with Joe Lamorte, \$4/class 10:00 Bollywood in India - Travel Movie 11:00 Yoga, \$4/class 11:30 Piano Fun with Pam 12:00 Alyssa Israel, AIP 12:30 “Let’s Talk” w/Louis Rosenfeld 1:00 Ping Pong 1:30 Grandparents Story Time with the Darien Library 1:30 St. Patty’s Sing-a-long with Cookie	9:15 Pilates, \$4/class 10:00 Advanced Beginner Bridge, \$5/class 10:00 Acrylic Painting \$4/class 10:00 “Play with Clay” \$5/class 10:00 Movie 10:00 Soc. Service Dept. – Mary Bernat 11:15 Jazzercise, \$4/class 1:00 Senior Fitness Class w/Laura Beare 1:00 Short Story	9:30 Dance for Health \$5/class 10:00 Advanced Beginner Bridge, \$5/class 10:00 Stone Carving \$4/class 10:00 Oil Painting \$4/class 10:00 Beginner Conversational Spanish, \$4/class 11:00 “Ballet for Seniors” w/Ruth Ann, \$4/class 11:00 Intermediate Spanish, \$4/class 12:30 Current Events 1:00 “Remember When” with Madeline
22	23	24	25	26
9:30 Stain Glass w/Rose Warren & George Sposito 9:30 Quilting with Sandy 10:00 Exercise with Kinsey 10:00 Intermediate French-\$4/class 10:00 Poetry with Alberta Marilyn & Tony Bingo Room 11:00 Discussion Group 11:00 Ballet Class with Ruth Brinker \$4/class 12:15 Zumba Gold, NEW dance exercise, Jill Franke 12:45 Living Well, Spending Smart 1:30 Bingo with Janice	9:30 Knitting & Needlepoint 10:00 Writing Class 10:00 Low Impact Exercise w/Winifred 10:00 Walk-in computer w/Bob and Ed 10:15 Stretching w/ Frances Goulart, \$4 11:00 “Redefining Independence” with Phyllis Boynton, Constellation Health Services 11:15 Tai Chi \$4/class 12:45 Movie 1:00 Italian Conversation w/Tony	9:30 Crafts with Phyllis 9:30 Watercolor w/Joe Lamorte, \$4/class 10:00 The Raj on Film - Travel Movie 11:00 Yoga \$4/class 11:30 Piano Fun with Pam 12:30 “Let’s Talk” w/Louis Rosenfeld 1:00 Ping Pong 1:45 High Tea with pianist/singer Bonnie Leitner	9:15 Pilates, \$4/class 10:00 Advanced Beginner Bridge, \$5/class Lifetime Learners Class – Pre-register 10:00 Acrylic Painting \$4/class 10:00 “Play with Clay” \$5/class 10:00 Movie 10:00 Soc. Service Dept. – Mary Bernat 11:15 Jazzercise, \$4/class 1:00 Senior Fitness Class w/Laura Beare 1:00 Short Story	9:30 Dance for Health \$5/class 10:00 Advanced Beginner Bridge, \$5/class Lifetime Learners Class – Pre-register 10:00 Stone Carving \$4/class 10:00 Oil Painting \$4/class 10:00 Beginner Conversational Spanish, \$4/class 11:00 “Ballet for Seniors” w/Ruth Ann, \$4/class 11:00 Intermediate Spanish, \$4/class 12:30 Current Events 1:00 “Remember When” with Madeline
29	30	31	March Birthday Members, please join us For a special cake and Celebration on Mar. 29	
9:30 Stain Glass w/Rose Warren & George Sposito 9:30 Quilting with Sandy 10:00 Exercise with Kinsey 10:00 Intermediate French-\$4/class 10:00 Poetry with Alberta Marilyn & Tony Bingo Room 11:00 Discussion Group 11:00 Ballet Class with Ruth Brinker \$4/class 12:15 Zumba Gold, NEW dance exercise, Jill Franke 12:30 Park Street Singers 1:30 Bingo with Janice	9:30 Knitting & Needlepoint 10:00 Writing Class 10:00 Low Impact Exercise w/Winifred 10:00 Walk-in Computer w/Bob & Ed 10:15 Stretching w/ Frances Goulart, \$4 11:15 Tai Chi \$4/class – Gym 12:30 Las Vegas Matinee& refreshment 1:00 Italian Conversation w/Tony	9:30 Crafts with Phyllis 9:30 Watercolor w/Joe Lamorte, \$4/class 10:00 Partition on Film - Travel Movie 11:00 Yoga \$4/class 11:30 Piano Fun with Pam 12:30 “Let’s Talk” w/Louis Rosenfeld 1:00 Ping Pong		
			Woodworking Shop open every Mon. from 9:30to 12 p.m. Jerry, Norm or Tony will be glad to assist you with your repairs 	