



Creating Connections Mental Health & Support Services for the Darien Community

Please note that groups and services may change. Additionally, many agencies listed request that individuals contact them prior to using the service. We ask that you contact the appropriate agency to verify the data and location, and to make them aware of your interest prior to attending a session. The only groups for which this is not required are: AA, Al-Anon and Overeaters Anonymous.

You may contact your local Department of Social Services at 655-7328 or dial 211 for additional information. Dialing 211 connects you to Infoline, a single source for information about community services, referrals to human services, even crisis intervention. 211 is toll-free anywhere in Connecticut, 24 hours a day, 365 days a year. Professional, compassionate caseworkers help callers with questions about issues like job training, benefits, independent living services, transportation, support groups, medical equipment, health services, volunteer opportunities and much more. For additional information call 2-1-1 or visit the 211 website at www.infoline.org to find the help and services you need.

ADDICTION, RECOVERY AND SUBSTANCE USE

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Group	Addiction Support	Coed	All ages	Calvary Baptist Church	Tuesdays	7:30-9:00 PM	
Individual	Adolescents w/ addictions	Coed	under 18	Darien Family & Youth Options	As scheduled		Sliding scale
Group	Al-anon	Coed	All ages	Noroton Presbyterian Church	Mondays	8:00 PM	\$0
Group	Al-anon	Coed	All ages	St. Thomas More - annex	Tuesdays	8:00 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	First Congregational Church	Mondays	12:00 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	First Congregational Church	Thursdays	8:00 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	First Congregational Church	Saturdays	5:30 PM	\$0
Group	Alcoholics Anonymous	Female only	All ages	Noroton Presbyterian Church	Wednesdays	12:15 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	Noroton Presbyterian Church	Fridays	7:30 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	St. Luke's Episcopal Parish Terrace Room	Thursdays	8:00 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	St. John's R.C.Church	Fridays	5:30 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	St. Luke's Episcopal Parish - Library	Sundays	4:00 PM	\$0
Group	Alcoholics Anonymous	Coed	All ages	St.Thomas More - annex	Mondays	8:00 PM	\$0
Group	Alcoholics Anonymous	Coed	Teens and Young Adults	Darien Family & Youth Options	Tuesdays	3:30-4:30 PM	\$0
Group	Alcoholics Anonymous - Pass It On	Coed	All ages	First Congregational Church	Tues. and Fri.	7:30 PM	\$0
Group	Alcoholics Anonymous - Pass It On	Coed	All ages	First Congregational Church	Sundays	6:30 PM	\$0
Group	Alcoholics Anonymous - Sober Sunrise	Coed	All ages	First Congregational Church	M-F	7:30 AM	\$0
Group	Alcoholics Anonymous - Sober Sunrise	Coed	All ages	First Congregational Church	Saturdays	8:00 AM	\$0
Family	Counseling - For families with children/adolescents with addictions	Coed	Families	Darien Family & Youth Options	As scheduled		Sliding scale
Emergency	Crisis intervention	Coed	under 18	Darien Family & Youth Options	As scheduled		\$0
Individual	Older Individuals in Recovery	Coed	over 50	Liberation Programs	Please call		
Group	Overeaters Anonymous	Coed	Over 18	YWCA	Saturdays	9-10:30 AM	\$0
Group	Overeaters Anonymous	Coed	Over 18	YWCA	Sundays	9-10:30 AM	\$0
Group	Overeaters Anonymous	Coed	Over 18	YWCA	Tuesdays	6:30-7:30 PM	\$0
Group	Overeaters Anonymous	Coed	Over 18	YWCA	Wednesdays	7:00-8:00 PM	\$0
Group	Seniors in Recovery	Coed	over 50	Darien Family & Youth Options	Please call		
Group	Teen Support - For teens who have a loved one with an addiction	Coed	Teens	Family & Youth Options (Greenwich)	Please call		

ASSAULT, CRISIS AND DOMESTIC VIOLENCE

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Individual	Counseling/therapy	Coed	14+	Sexual Assault, Crisis and Education Center (SACEC)	As scheduled		Free
Individual	Court Advocacy	Coed	All ages	SACEC	As scheduled	24/7	Free
Individual	Crime Victims Assistance	Coed	2-18 yrs	Child Guidance Center	As scheduled		Please call
Group	Domestic Violence	Female only	Over 18	Domestic Violence Crisis Center (DVCC) - Norwalk	Tuesdays	5:30 - 7:00 pm	\$5
Group	Domestic Violence	Female only	Over 18	DVCC - Norwalk	Fridays	10:30 am - noon	\$5
Individual	Domestic Violence	Coed	All ages	DVCC - Norwalk	As scheduled		Sliding scale
Group	Female Rape Survivors	Female only	Over 18	SACEC	Mondays	7:45 - 9:15 pm	Free
Group	Female Survivors of Incest/Sexual Abuse	Female only	Over 18	SACEC	Mondays	6:00 - 7:30 pm	Free
Emergency	Hospital Accompaniment	Coed	All ages	SACEC	As scheduled	24/7	Free
Group	Male Survivors of Sexual Assault	Male Only	Over 18	SACEC	Mondays	7:00 - 8:30 pm	Free
Education	Personal Safety	Coed	All ages	SACEC	As scheduled		Free
Emergency	Police Accompaniment	Coed	All ages	SACEC	As scheduled	24/7	Free
Education	Recognizing Child Sexual Abuse	Coed	Over 18	SACEC	As scheduled		Free
Family	Sexual Abuse Response	Coed	2-18 yrs	Child Guidance Center	As scheduled		Please call
Group	Spanish Speaking Domestic	Female only	Over 18	DVCC - Norwalk	Thursdays	10:00 am - noon	\$5
Group	Teen Survivors of Sexual Abuse	Coed	14-18	SACEC	As scheduled		Free

BEREAVEMENT

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Group	Adolescent Bereavement	Coed	13-18	Center for Hope	Please call		Sliding scale
Group	Art as Therapy	Coed	All ages	Center for Hope	Please call		Sliding scale
Group	Caregivers Support	Coed	Over 18	Center for Hope	Please call		Sliding scale
Group	General Bereavement	Coed	All ages	Center for Hope	Please call		Sliding scale
Individual	Illness and Bereavement Counseling	Coed	All ages	Center for Hope	As scheduled		Sliding scale
Group	Loss of a Child	Coed	Over 18	Center for Hope	Please call		Sliding scale
Group	Meditation Hour	Coed	Over 18	Center for Hope	Please call		Sliding scale
Group	Senior Bereavement	Coed	Over 50	Center for Hope	Please call		Sliding scale
Group	Suicide Survivors	Coed	All ages	Center for Hope	Please call		Sliding scale
Group	Tea and Empathy	Coed	Over 18	Center for Hope	Please call		Sliding scale
Group	Young Widow/Widowers	Coed	Over 18	Center for Hope	Please call		Sliding scale

CHILDREN AND ADOLESCENTS

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Group	Art Therapy	Coed	14-18	FCA - Mott Ave	Thursdays	3:30-5:00 pm	Sliding scale
Assessment	Behavior assessment	Coed	All ages	STAR - home based service	As scheduled		Fee for service
Individual	Case Management	Coed	2-18 yrs	System of Care	As scheduled		Sliding scale
Group	Children of Divorce Group	Coed	Varies	Family Centers	Varies		Sliding scale
Individual	Counseling	Coed	14-19	Darien High School - Contact Dian Preston	As scheduled		\$0
Individual	Counseling - HIV affected	Coed	2-18 yrs	Child Guidance Center	As scheduled		Sliding scale
Individual	Counseling/therapy	Coed	3-18 yrs	Family Centers	As scheduled		Sliding scale
Individual	Counseling/Therapy	Coed	2-18 yrs	Child Guidance Center	As scheduled		Sliding scale
Individual	Crime Victims Assistance	Coed	2-18 yrs	Child Guidance Center	As scheduled		Please call
Individual	Developmental Evaluations	Coed	2-18 yrs	Child Guidance Center	As scheduled		Sliding scale
Indiv/Group	Eating Disorder	Female only	All ages	The Renfrew Center of Wilton	As scheduled		Please call
Indiv/Group	Eating Disorder	Coed	All ages	The Wilkins Center	As scheduled		Please call
Family	Family Therapy	Coed	All ages	Family Centers	As scheduled		Sliding scale
Family	Family Therapy	Coed	All ages	Child Guidance Center	As scheduled		Sliding scale
Group	Funbusters - for Children with Disabilities	Coed	children	YWCA/Noroton Presbyterian	Thursdays	6:30 pm	
Indiv/Group	Gay/Lesbian/Transgender	Coed	All ages	Triangle Community Center	As scheduled		
Group	Groups for Kids	Coed	children	Noroton Presbyterian Church			Please call
Emergency	Kids in Crisis	Coed	0-18 yrs	Kids in Crisis	As scheduled		None
Group	Language Based Play	Coed	Birth to three	STAR/Rubino Family Center	Tuesdays	10-11:15 am	Call
Family	MDFT - Intensive Home Based Therapy	Coed	12-18 yrs	Child Guidance Center	As scheduled		Please call
Emergency	Mobile Crisis Services - meet on site	will Coed	2-18 yrs	Sexual Assault Crisis Center	As scheduled		Please call
Emergency	Mobile Crisis Services - meet on site	will Coed	All ages	Child Guidance/Any location	As scheduled		Please call
Individual	Parent Education	Coed	Adults	Family Centers	As scheduled		Sliding scale
Individual	Parent Guidance	Coed	Adults	Child Guidance Center	As scheduled		Sliding scale
Individual	Pregnancy counseling	Coed	All ages	Planned Parenthood/Stamford	As scheduled		Please call
Individual	Pregnancy counseling	Coed	All ages	Planned Parenthood/Norwalk	As scheduled		Please call
Individual	Pro-life pregnancy support	Coed	All ages	Birthright of Greater Stamford	As scheduled		Please call
Individual	Pro-life pregnancy support	Coed	All ages	Birthright of Greater Norwalk	As scheduled		Please call
Individual	Psychiatric Services	Coed	2-18 yrs	Child Guidance Center	As scheduled		Sliding scale
Individual	Psychiatric Services	Coed	2-18 yrs	Family Centers	As scheduled		Sliding scale
Individual	Psychological Testing	Coed	2-18 yrs	Child Guidance Center	As scheduled		Sliding scale

CHILDREN AND ADOLESCENTS cont'd

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Individual	Self Harm counseling	Coed	All ages	Child Guidance Center	As scheduled		
Individual	Self Harm counseling	Coed	All ages	Family Centers	As scheduled		Sliding scale
Individual	Self Harm counseling	Coed	All ages	Silver Hill Hospital	As scheduled		Please call
Indiv/Group	Self Harm/Suicide	Coed	All ages	Silver Hill Hospital	As scheduled		Please call
Family	Sexual Abuse Response	Coed	2-18 yrs	Child Guidance Center	As scheduled		Please call
Family	Sexual Abuse Response	Coed	2-18 yrs	Child Guidance Center	As scheduled		Please call
Individual	Suicide Support	Coed	All ages	Suicide Prevention Hotline	Daily	24 Hours a day	800.Suicide
Group	Teen Issues	Female only	15-18	Darien High School - Contact	Weekly		\$0
Group	Teen Issues	Male only	14-18	Greenwich Family Centers	Tuesdays	6:30-7:45 pm	Sliding scale
Group	Transition to High School	Coed	Freshmen	Darien High School - Contact	Weekly		\$0
Group	Youth Recreation	Coed	High school	The Depot	Daily		

COUPLES, MARITAL AND DIVORCE ISSUES

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Group	Children of Divorce	Coed	Varies	Family Centers	Varies		Sliding scale
Couples	Counseling	Couples	All ages	Calvary Baptist Church	As scheduled		Contribution
Couples	Counseling	Coed	Over 18	FCA-Mott Avenue	As scheduled		Sliding scale
Individual	Counseling	Coed	Over 18	Family Centers	As scheduled		Sliding Scale
Individual	Counseling	Coed	All ages	Calvary Baptist Church	As scheduled		Contribution
Group	Divorce Support	Coed	Over 18	Family Centers	Wednesdays	6:00-7:30 pm	Sliding scale
Group	Domestic Violence	Female only	Over 18	DVCC	Tuesdays	5:30-7:00 pm	\$5
Group	Domestic Violence	Female only	Over 18	DVCC	Fridays	10:30-noon	\$5
Individual	Domestic Violence	Coed	All ages	DVCC	As scheduled		Sliding scale
Emergency	DV Emergency Shelter	Women, kids	All ages	Call 24-hour Hotline: 852-1980			
Workshop	Engaged Workshop	Couples	Over 18	Noroton Presbyterian Church	Two times per year		\$50/couple
Couples	Focus on Kids - for parents in high conflict divorce situations		Over 18	Family Centers	As scheduled		Sliding Scale
Group	Rebuilding after Divorce	Coed	Over 18	St. Luke's Episcopal Church	As scheduled	6 weeks	\$25/session
Group	Spanish speaking Domestic Violence group	Female only	Over 18	DVCC	Thursdays	10:00-noon	\$5

DISABILITIES AND SPECIAL NEEDS

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Assessment	Behavior assessment	Coed	All ages	STAR - in home services	As scheduled		Fee
Group	Counseling/support - Spanish and English speaking groups	Coed	Mothers	Rubino Family Center	Quarterly, on Wed		Donation
Family	Counseling/therapy	Coed	Over 18	STAR - in home services	As scheduled		Call
Individual	Counseling/therapy	Coed	Over 18	STAR - in home services	As scheduled		Call
Individual	Developmental Evaluations	Coed	2-18 yrs	Child Guidance Center	As scheduled		Sliding scale
Group	Funbusters	Coed		YWCA/Noroton Presbyterian	Thursdays	6:30 pm	
Group	Language based play	Coed	Birth to three	Rubino Family Center	Tuesdays	10-11:15 am	Call
Group	Language Based play	Coed	Birth to three	STAR/Rubino Family Center	Tuesdays	10-11:15 am	Call
Group	STEPS - Advocacy and support for parents with special needs kids	Coed	Over 18	YWCA	As scheduled		

EMPLOYMENT AND JOB LOSS

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Individual	Career Counseling	Coed	18+	Urban League of SWCT	Please call	Call for hours	No fee
Class setting	Compt	Coed	18+	Norwalk Community College	As scheduled	Call for hours	Set fee
Group	Computer Skills	Coed	18+	YWCA	As scheduled	Call for hours	Sliding fee
Indiv/Group	Counseling	Coed	18+	YWCA	As scheduled	Call for hours	Sliding fee
Individual	Job Training	Coed	All ages	CT Works	As scheduled	Call for hours	No fee
Class	Job Training/Computer Class	Coed	18+	Urban League of SWCT	Day & Evening classes offered	Call for hours	Registration fee

GAY, LESBIAN, BISEXUAL AND TRANSGENDER

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Individuals	Advocates - Listing of gay-straight alliances in high schools for students	Coed	All ages	Gay, Lesbian Straight Education Network	M-F	9:00 - 4:30 pm	No fee
Individuals	Clearinghouse	Coed	All ages	True Colors	M-F	9:00 - 6:00 pm	No fee
Individual	Hotline	Coed	All ages	Gay & Lesbian National Hotline	M-F	4 pm - 12:00 am	No fee
Individual	Hotline	Coed	All ages	Gay & Lesbian National Hotline	Saturday	12:00 - 5:00 pm	No fee
Group	Support Group	Coed	16-22	Triangle Community Center	Sundays	4:00 PM	Donation

GAY, LESBIAN, BISEXUAL AND TRANSGENDER cont'd

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Group	Support Group	Men	All ages	Triangle Community Center	3rd Sunday of every month	7:30 - 9:00 pm	Donation
Family/Friends	Support Group	Coed	All ages	PFLAG/Triangle Comm Center	1st Wed. of every month	7:30 PM	No fee

ILLNESS, PHYSICAL AND MENTAL HEALTH

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Group	Art as Therapy	Coed	All ages	Center for Hope	Please call		Sliding scale
Group	Cancer sewing group	Female only	All ages	St.John's R.C.Church	Tuesdays	10:00 AM	\$0
Group	Caregivers Support	Coed	Over 18	Center for Hope	Please call		Sliding scale
Group	Caregivers Support	Coed	Over 18	Host: Elderhouse; Location: First Congregational Church	Third Wednesday	6:30 - 7:30 pm	Free
Individual	Counseling - HIV affected	Coed	2-18 yrs	Child Guidance Center	As scheduled		Sliding scale
Individual	Counseling/therapy	Female only	Over 18	FCA - Mott Avenue	Monday	9:30 AM	Sliding scale
Individual	Counseling/therapy	Coed	All ages	Family Centers	As scheduled		Sliding scale
Indiv/Group	Eating Disorder	Female only	All ages	The Renfrew Center of Wilton	As scheduled		Please call
Indiv/Group	Eating Disorder	Coed	All ages	The Wilkins Center	As scheduled		Please call
	Eating Disorder			Silver Hill Hospital			
	Eating Disorder			Stamford Health System			
Group	Hearts of Hope - Cardiac Rehabilitation		All ages	Center for Hope	Please call		Sliding scale
Individual	Illness and Bereavement Counseling	Coed	All ages	Center for Hope	As scheduled		Sliding scale
Individual	Illness support	Coed	All ages	Center for Hope	As scheduled		Sliding scale
Group	Leukemia and Lymphoma - for children with cancer	Coed	Children	Center for Hope	10/16, 11/20 and 12/18	6:15 - 7:15 pm	Please call
Group	Leukemia and Lymphoma - for Parents with a Child who has cancer	Coed	Parents	Center for Hope	10/16, 11/20 and 12/18	6:15 - 7:15 pm	Please call
Class	Living with Cancer	Women	Over 18	St. Birgitta	Periodic		Free
Group	Meditation Hour	Coed	Over 18	Center for Hope	Please call		Sliding scale
Group	Suicide Survivors	Coed	All ages	Center for Hope	Please call		Sliding scale
Individual	Yoga for the Ill or Bereaved	Coed	Over 18	Center for Hope	Fridays	11:15 AM	Sliding scale

PARENTING

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Family	Counseling	Families	All ages	Family Centers	As scheduled		Sliding Scale
Individual	Counseling	Coed	All ages	Family Centers	As scheduled		Sliding Scale
Group	Counseling/support - Spanish and English speaking groups	Coed	Mothers	Rubino Family Center	Quarterly, on Wed		Donation
Family	Counseling/therapy	Coed	Over 18	STAR - in home services	As scheduled		Birth to three
Family	Counseling/therapy	Families	Coed	FCA-Mott Avenue	As scheduled		Sliding Scale
Individual	Counseling/therapy	Coed	Over 18	STAR - in home services	As scheduled		Birth to three
Group	Father's Forum	Male Only	Over 18	Darien High School	Saturdays	8-9:30 AM	\$0
Couples	Focus on Kids - For high	Coed	Over 18	FCA-Mott Avenue	As scheduled		\$190/session
Group	Journey thru Adoption	Coed	Over 18	FCA-Mott Avenue	Thursdays	5:30-6:45 PM	Sliding Scale
Group	Journey thru Adoption	Coed	Children	FCA-Mott Avenue	Thursdays	5:30-6:45 PM	Sliding Scale
Group	Mom's Support Group - for mom's with children suffering from addictive behaviors	Female only	Over 18	Darien Family & Youth Options	Please call		\$0
Group	Mother's support group	Women	Over 18	St. Luke's Episcopal Parish	Fridays	12:00 PM	\$0
Group	Parent Awareness Network	Coed	Over 18	YWCA	As scheduled		
Couples	Parent Education	Coed	All ages	Family Centers	As scheduled		Sliding Scale
Individual	Parent Education	Coed	All ages	Family Centers	As scheduled		Sliding Scale
Couples	Parent Guidance	Coed	Over 18	Child Guidance Center	As scheduled		Please call
Individual	Parent Guidance	Coed	All ages	Child Guidance Center	As scheduled		Sliding Scale
Couples	Parenting Education (PEP)	Coed	Over 18	Family Centers	Periodic classes		\$100 each
Couples	Parenting Education (PEP)	Coed	Over 18	FCA-Mott Avenue	Periodic classes		Sliding Scale
Group	Parents of Teens Book Group	Coed	Over 18	Noroton Presbyterian Church	Wednesdays	9:30 - 10:45 am	\$10 book fee
Group	Parent's w/ Adopted Kids	Coed	Over 18	YWCA	Monthly		
Group	STEP - Advocacy and support for parents of special needs children	Coed	Over 18	YWCA	As scheduled		

SENIORS

Service	Description	Gender	Ages	Contact/Host	Date	Time	Fee
Group	Discussion Group	Coed	over 50	Senior Center	Wednesdays	12:30-1:30 PM	\$0
Group	Current Events/Discussion	Coed	over 50	Senior Center	Mondays	11:00 AM	\$0
Group	Seniors in Recovery	Coed	over 50	Darien Family and Youth Options	Please call		
Group	Friendly Connections	Coed	over 50	Family Centers: Please call	Multiple	Multiple	\$0
Indiv/Group	Adult Day Care	Coed	over 50	ElderHouse	Please call		
Individual	Information and referral	Coed	over 50	DSS	As scheduled		
Individual	Senior Health Insurance Counseling	Coed	over 50	Family Centers	As scheduled		\$0
Individual	Seniors in Recovery	Coed	over 50	Darien Family and Youth Options	Please call		

Creating Connections is a service of the Darien Human Services Planning Council ("HSPC"). The HSPC was founded and is chaired by The Community Fund of Darien. The purpose of the HSPC is to collaborate with key agencies and groups in the Darien community to learn about the needs of the community that are unmet as well as to educate the public about services that are available to meet their needs. The HSPC was founded in 2005. The Mental Health Services subcommittee of the HSPC was presented with the task of educating the public about the vast array of mental health services available in the area as well as to find the "gaps" in services with the hopes of ultimately developing services to meet those unmet needs. If you have any questions about the HSPC, please contact Kiki Karpen at The Community Fund of Darien at (203) 655-8775.



AGENCIES

Name	Type of Agency	Location	Contact	Phone Number	Website
211	Toll-free Confidential Statewide Information and Referral and Crisis Intervention			211	www.211infoline.org
Center for Hope/Family Centers*	Bereavement and Health Counseling	590 Post Road Darien, CT 06820	Deirdre Lewin, Director	(203) 655-3452	www.familycenters.org
Child Guidance Center	Child and Family Counseling	972 Post Road Darien, CT 06820	Susan Jasko, LCSW	(203) 662-9380	www.childguidancect.org
CT Works		c/o Ben Franklin Ctr, 165 Flax Hill Rd., Norwalk, CT 06854		(203) 831-8272	www.ctdol.state.ct.us
Darien Senior Center	Senior services	30 Edgerton Street Darien, CT 06820	Nancy Zengo, Director	(203) 655-1705	http://dsac.darien.org
Depot	Youth services	45 Heights Road Darien, CT 06820	Laura Woodward Cavers, Executive Director	(203) 655-0812	www.dariendepot.org
Domestic Violence Crisis Center (DVCC)	Domestic violence services	5 Eversley Avenue, #303 Norwalk, CT 06851	Lorraine Gauthier, MFT	(203) 852-1980	www.dvccct.org
Dubois Center	Mental health hospital	780 Summer Street Stamford, CT 06901	Willard Pinn, Director	(203) 388-1600 Crisis: 358-8500	
ElderHouse	Adult Day Care	7 Lewis Street Norwalk, CT 06851	Denise Cesareo, Executive Director	(203) 847-1998	www.elderhouseadc.com
Family and Children's Agency (FCA)	Family, Child and Adult Counseling	9 Mott Avenue Norwalk, CT 06850	Ingrid Kurensky, Intake Coordinator	(203) 855-8765	www.fcagency.org
Family Centers/Center for Hope*	Family, Child and Adult Counseling	590 Post Road Darien, CT 06820	Ed Moran	(203) 655-0547	www.familycenters.org
Gay, Lesbian Straight Education Network		P.O. Box 2405, Stamford, CT 06906		(203) 288-2399	www.glsen.org/connecticut
Kids in Crisis	Housing/Shelter for Children and adolescents	1 Salem Street Cos Cob, CT 06807		(203) 327-KIDS	www.kidsin crisis.org
Liberation Programs/Family and Youth Options	Addiction services for children, adolescents and families	2 Renshaw Road Darien, CT 06820	Moira Rizzo, LMFT	(203) 655-8973	www.liberationprograms.org
Liberation Programs/Family and Youth Options (Greenwich)	Addiction services for children, adolescents and families	Field Point Road Greenwich, CT 06830	Dennis Bludnicki	(203) 869-1349	www.liberationprograms.org
Norwalk Community College		188 Richards Ave., Norwalk, CT 06854		(203) 857-7000	www.ncc.commnet.edu
Renfrew Center of CT	Eating Disorders	436 Danbury Road Wilton, CT 06897		(203) 834-5020 or 1 800 RENFREW	www.renfrew.org
Parents, Families, Friends of Gay and Lesbians		16 River Street, Norwalk CT 06855		(203) 226-0257	www.pflag.org

AGENCIES

Name	Type of Agency	Location	Contact	Phone Number	Website
Sexual Assault, Crisis and Education Center (SACEC)	Sexual assault services	1 Dock Street, Ste. 320 Stamford, CT 06902	Christine Hand, Director of Client Services	(203) 348-9346 hotline: (203) 329-2929 (866) 542-4455	www.sacec-ct.org
Silver Hill Hospital	Mental health services; suicide, self harm, eating disorder, substance abuse	208 Valley Road New Canaan, CT 06840			www.silverhillhospital.org
System of Care	Case management	103 W. Broad Stamford, CT 06902	Elie Hartog, Coordinator	(203) 358-4688	
Triangle Community Center	Gay, Lesbian, Bi-sexual and Transgender	16 River Street (Mechanic Street entrance) Norwalk, CT		(203) 853-0600	www.ctgay.org
True Colors		945 Main St., Suite 211 Manchester CT 06040		1-888-565-5551	www.ourtruecolors.org
Urban League of SWCT		46 Atlantic St., Stamford, CT 06901		(203) 327-5810	www.ulswc.org
Wilkins Center for Eating Disorders	Eating Disorders	7 Riversville Road Greenwich, CT 06831	Dr. Diane Mickley	(203) 531-1909	www.wilkinscenter.com
YWCA	Women's services	49 Old King's Highway Darien, CT 06820	Rita Shaughnessy, Director	(203) 655-2535	www.ywcadariennorwalk.org

CHURCHES

Calvary Baptist Church		988 Post Road Darien, CT 06820	Rev. Tony Gibson	(203) 655-0318	http://calvarybaptist.darien.org
First Congregational Church		14 Brookside Road Darien, CT 06820	Rev. Ron Evans, Rev. Kaji Spellman	(203) 655-0491	www.uccdarien.org
Noroton Presbyterian Church/NPC		2011 Post Road Darien, CT 06820	Rev. David Jordon-Haas	(203) 655-1451	www.norotonchurch.org
St. John's Roman Catholic Church		1986 Post Road Darien, CT 06880	Rev. Frank McGrath	(203) 655-1145	
St. Luke's Episcopal Church		1864 Post Road Darien, CT 06880	Rev. David Anderson, Rev. Paul Carling	(203) 655-1456	www.saintlukesdarien.org
St. Paul's Episcopal Church		471 Mansfield Avenue Darien, CT 06820	Rev. Christopher Leighton	(203) 655-8773	
St. Thomas More		384 Middlesex Road Darien, CT 06820	Rev. Barry Furey, Sr. Madeline McAdam	(203) 655-3303	http://www.stmdarienct.org
United Methodist Church		345 Middlesex Road Darien, CT 06820	Rev. Anne Bracket	(203) 655-1469	

OTHER

Darien High School	School services	High School Lane Darien, CT 06820	Dian Preston, School Social Worker	(203) 655-3981 ext.231	www.darienps.org
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Here are some important numbers you may need in an emergency:

Concern	Support	Location	Phone Number	Address
Domestic Violence				
	Domestic Violence Crisis Center	Stamford	357-8162	
	Domestic Violence Crisis Center	Norwalk	852-1980	
	Police	Darien	911	
	Infoline	Connecticut	211	
Gay & Lesbian National Hotline		California	800-843-4564	www.glbtnationalhelpcenter.org
Mental Health Emergency				
	Child Guidance Center Hotline	Darien	888-825-6777	972 Post Road, Darien
	Dubois Center	Stamford	358-8500	780 Summer Street, Stamford
	Infoline	Connecticut	211	
	Family Centers Darien Hotline	Darien	877-358-8500	590 Post Road, Darien
	Norwalk Hospital	Norwalk		24 Stevens Road, Norwalk
	Stamford Hospital Emergency Room	Stamford	325-7777	30 Shelbourne Road, Stamford
Pregnancy Hotline				
	Planned Parenthood	Norwalk	853-2605	50 Washington Street, Norwalk
	Planned Parenthood	Stamford	327-2722	1039 East Main Street, Stamford
	Birthright - Prolife	Norwalk	853-4872	669 West Street, Norwalk
	Birthright - Prolife	Stamford	348-4355	20 Second Street, Stamford
Sexual Assault				
	Sexual Assault Crisis Center	Stamford	329-2929	
	Stamford Hospital Emergency Room	Stamford	325-7777	30 Shelbourne Road, Stamford
Substance Abuse				
	Liberation Programs	Stamford	356-1980	Multiple Addresses
	Norwalk Hospital	Norwalk		24 Stevens Road, Norwalk
	Silver Hill Hospital	New Canaan	(866) 542-4455	208 Valley Road, New Canaan
	Stamford Hospital Emergency Room	Stamford	325-7777	30 Shelbourne Road, Stamford
Suicide Hotline				
	Suicide Prevention Hotline		800.SUICIDE	
	Child Guidance Center Hotline	Darien	888-825-6777	972 Post Road, Darien
	Family Centers Darien Hotline	Darien	877-358-8500	590 Post Road, Darien
	Kids in Crisis	Greenwich	327-5437	One Salem Street, Cos Cob